

# How does stress due to water restriction and parasitic infection affect plasma hormone levels in high and low tolerance Rasa Aragonesa ewes fed with sainfoin?

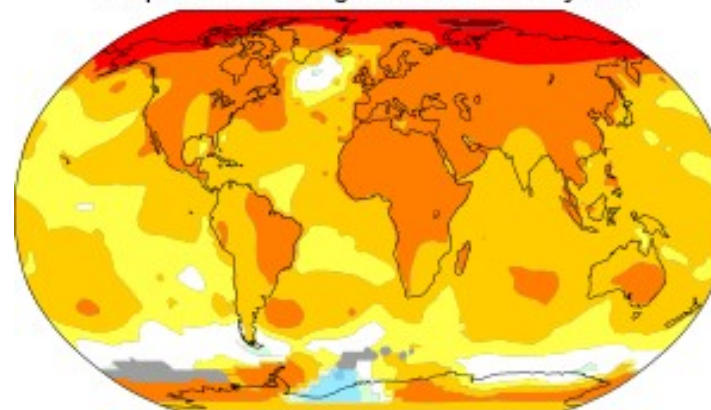
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CENTRO DE INVESTIGACIÓN Y TECNOLOGÍA  
AGROALIMENTARIA DE ARAGÓN



Temperature change in the last 50 years



2011–2021 average vs 1956–1976 baseline

-1.0 -0.5 -0.2 +0.2 +0.5 +1.0 +2.0 +4.0 °C



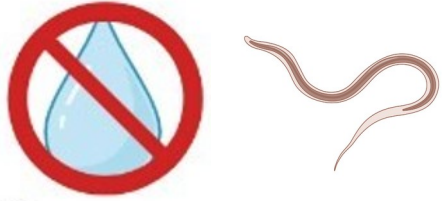
-1.8 -0.9 -0.4 +0.4 +0.9 +1.8 +3.6 +7.2 °F



Climate change increases exposure to **environmental stressors**:

- Heat
- Drought
- Parasitic diseases





Animal stress responses involve  
Activating hormonal pathways



**SAINFOIN**  
*Onobrychis viciifolia*

Biomarker associated to stress

- ✓ **Cortisol**
- ✓ **Dehydroepiandrosterone (DHEA)**
- ✓ **DHEA-s**
- ✓ **Neutrophil-Lymphocyte ratio**

- Multianual legume
- Widely used in Mediterranean areas
- Condensed tannins → *Antiparasitic*
- Polyunsaturated fatty acids → *Inhance inmune function*
- Antioxidants → *Stress-protective*



**Evaluate the effect of diet and stress tolerance on hormonal responses to water restriction and parasite infection**



Previous trial

5 days



Hemogram  
Metabolites  
Hormones: Cortisol, DHEA & DHEA-S

202 Rasa Aragonesa ewes

**High tolerance**  
(n 20)

**Low tolerance**  
(n 20)



Neutrophil - Lymphocyte ratio (N/L)  
Low molecular relatedness

**CONTROL**  
(n 10)

**SAINFOIN**  
(n 10)

**CONTROL**  
(n 10)

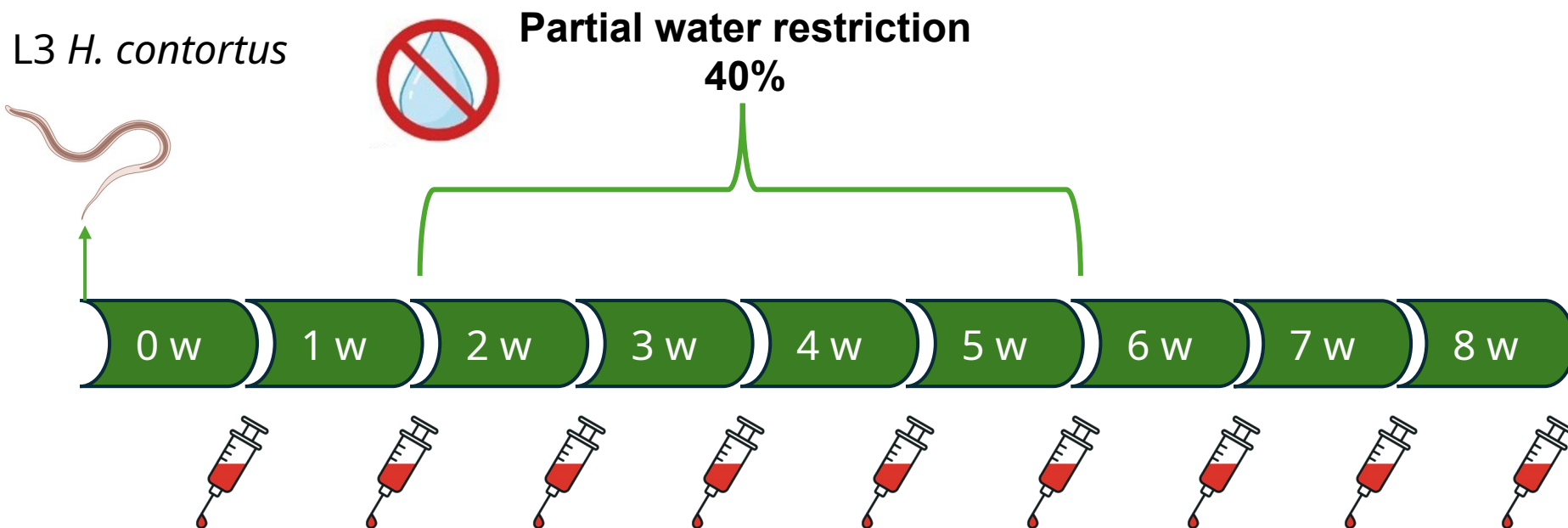
**SAINFOIN**  
(n 10)



Ewe/day  
400 g  
1 kg straw



Daily water-feed intake



Hemogram

Metabolites

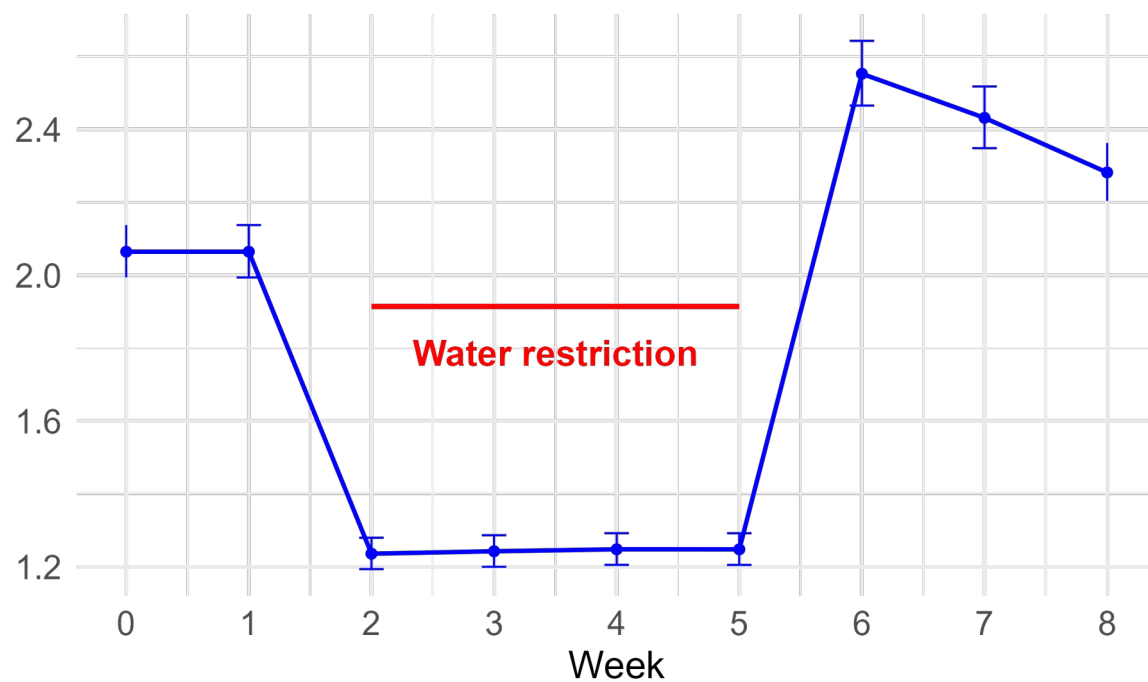
Hormones: Cortisol, DHEA & DHEA-S



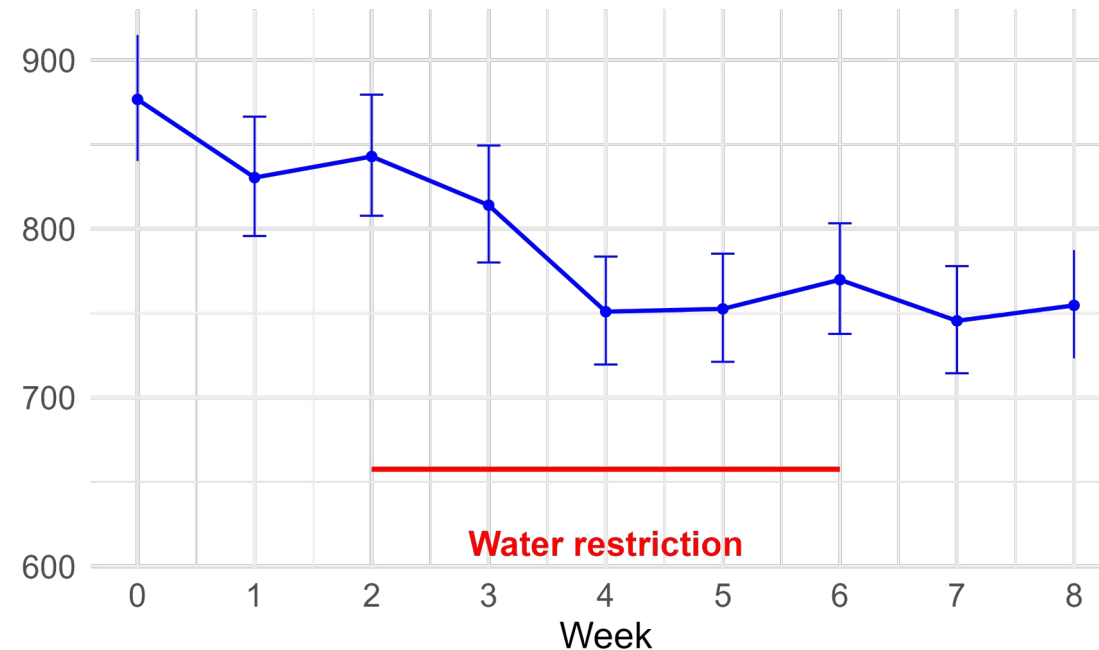
**✗ NO effect: Diet  
Stress tolerance**



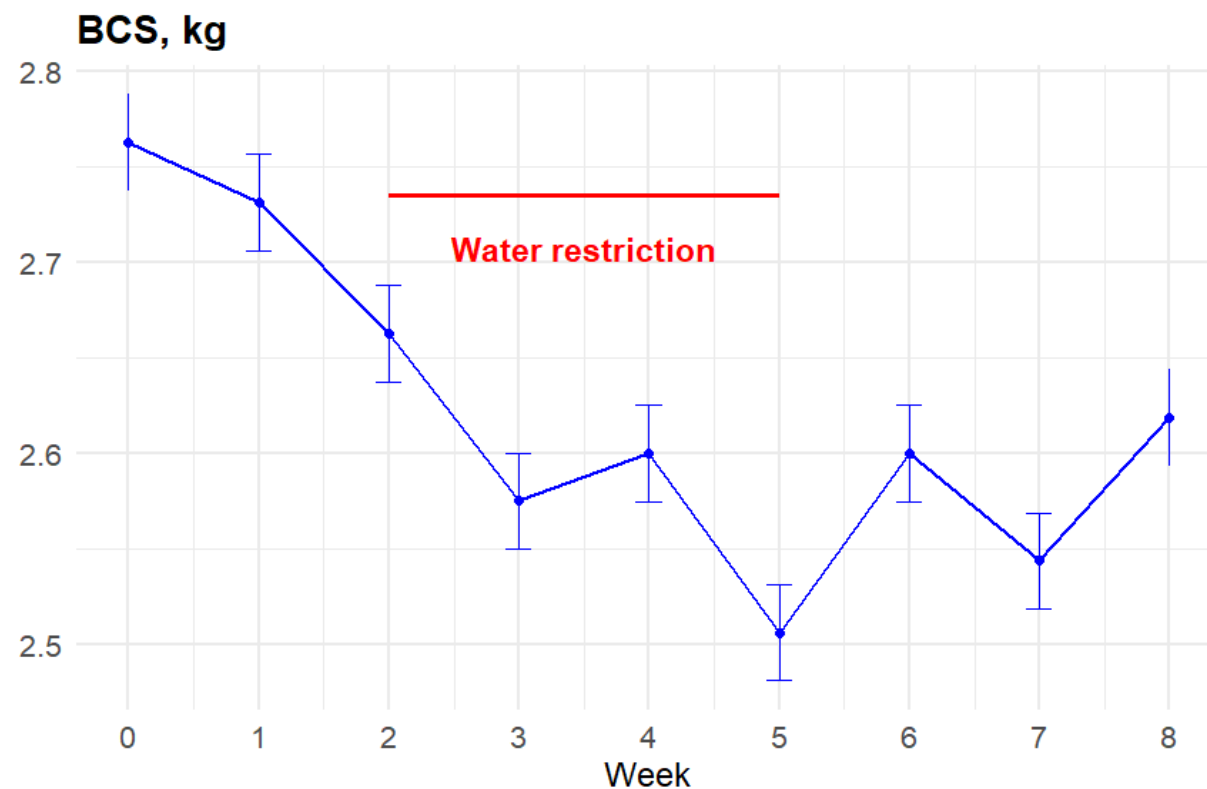
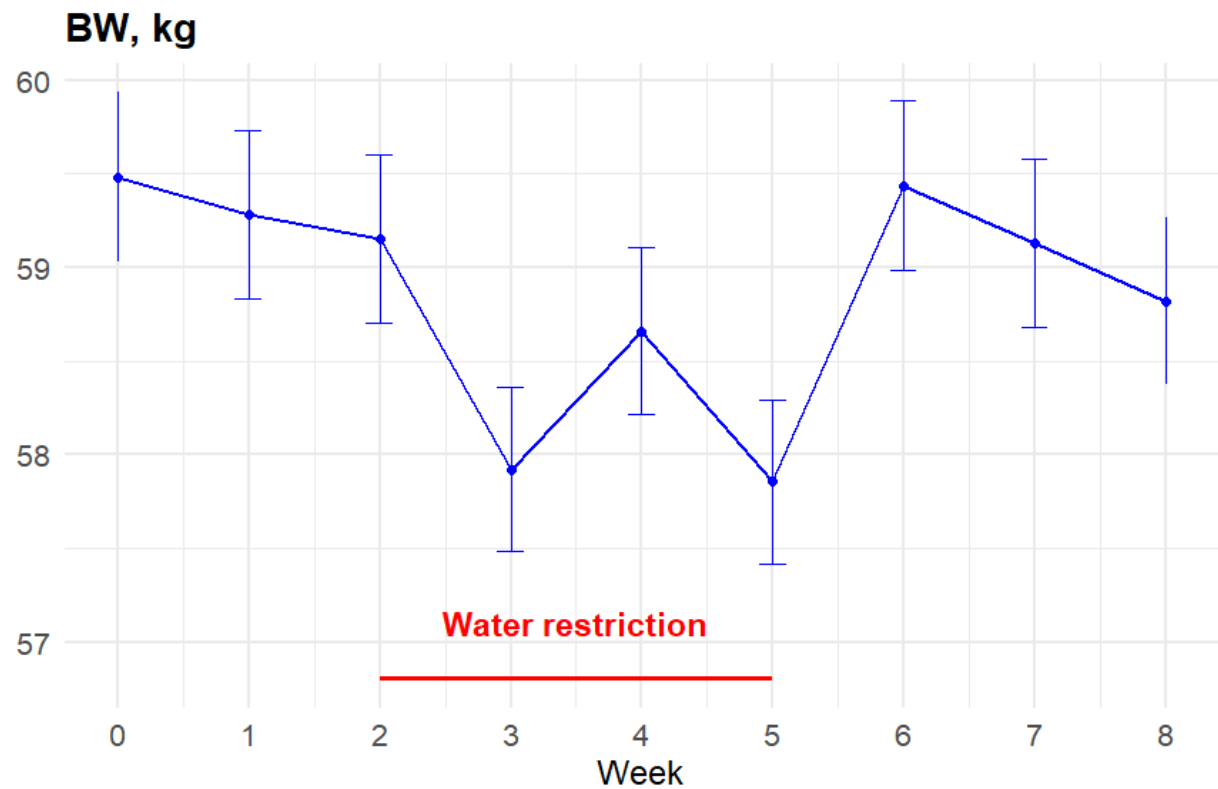
Intake of water, l/day



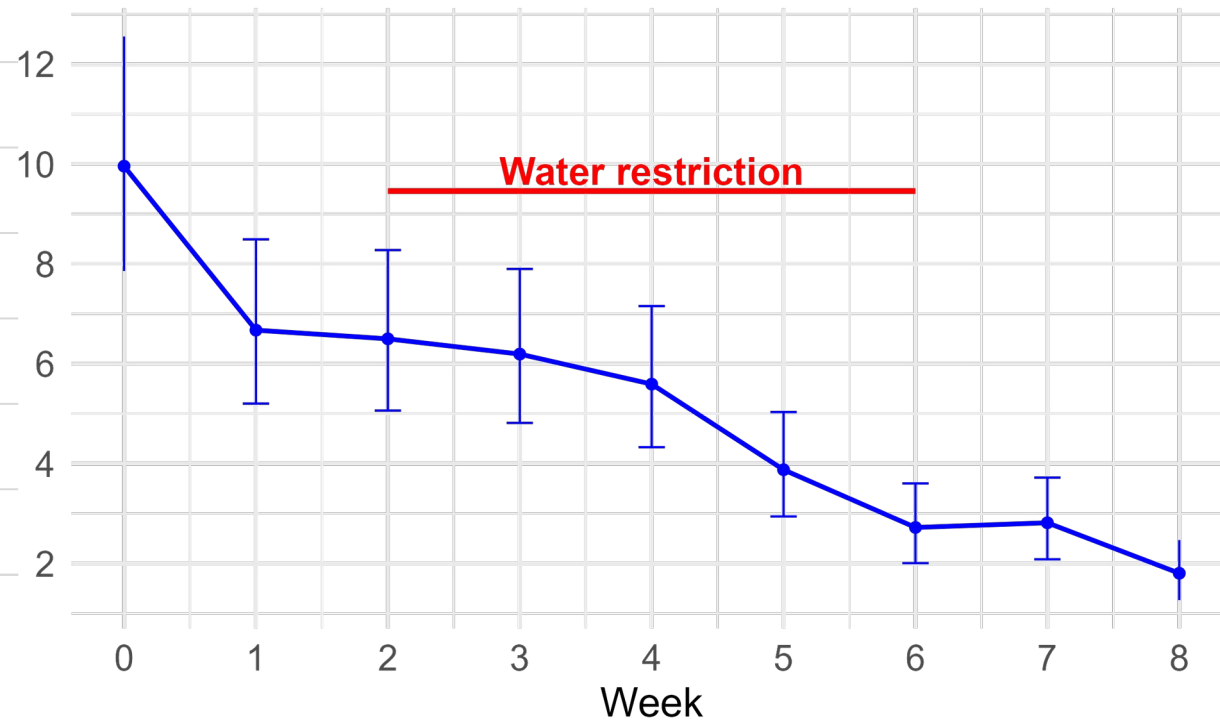
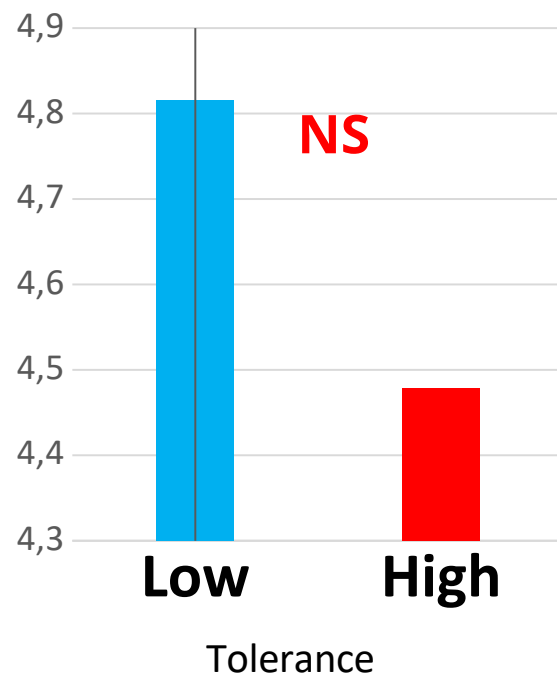
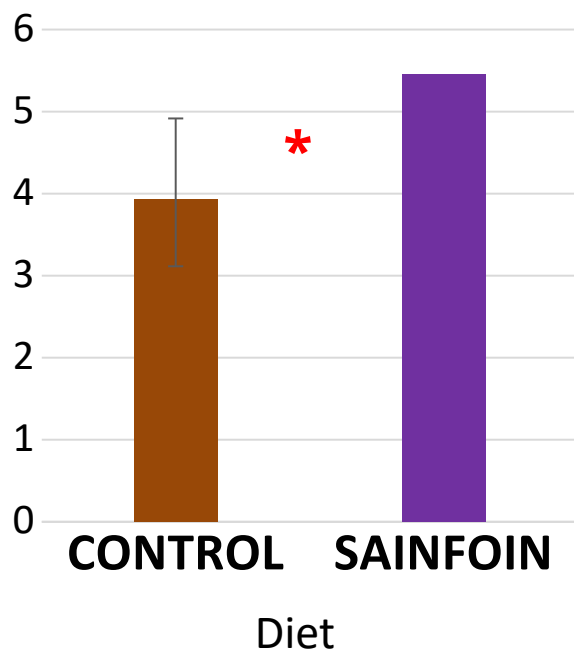
Intake of straw, g/day



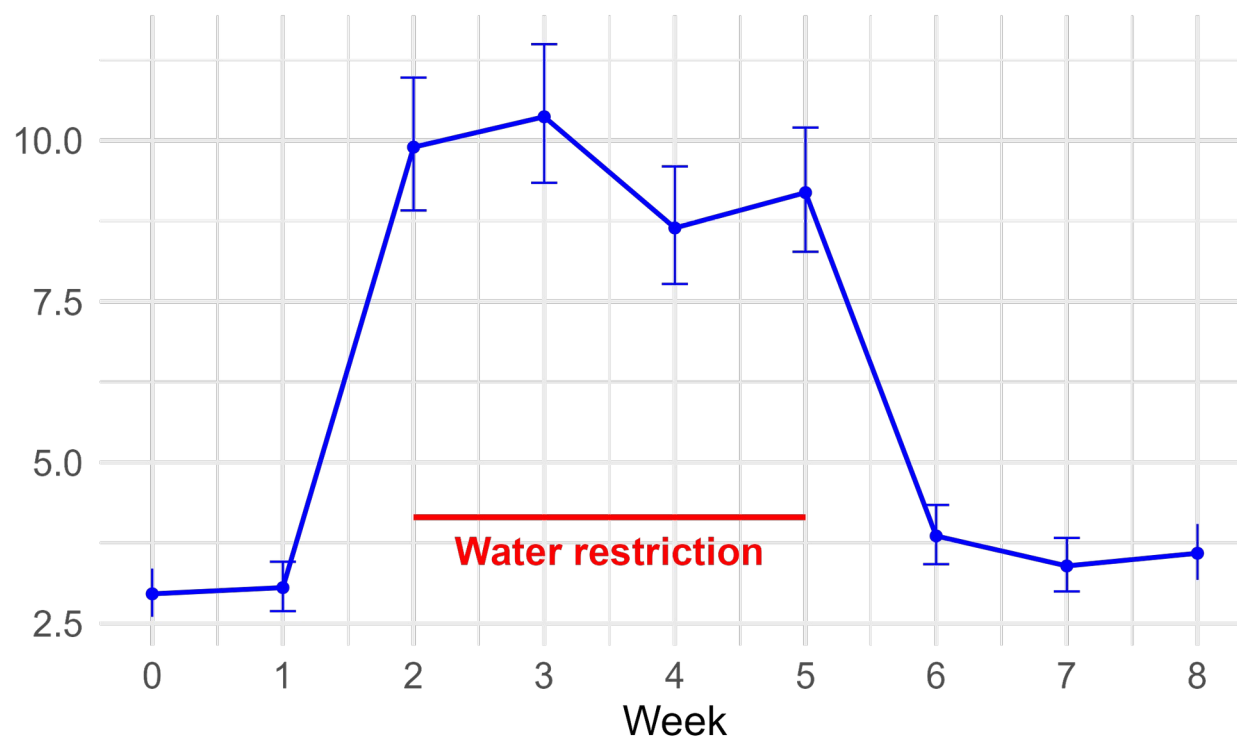
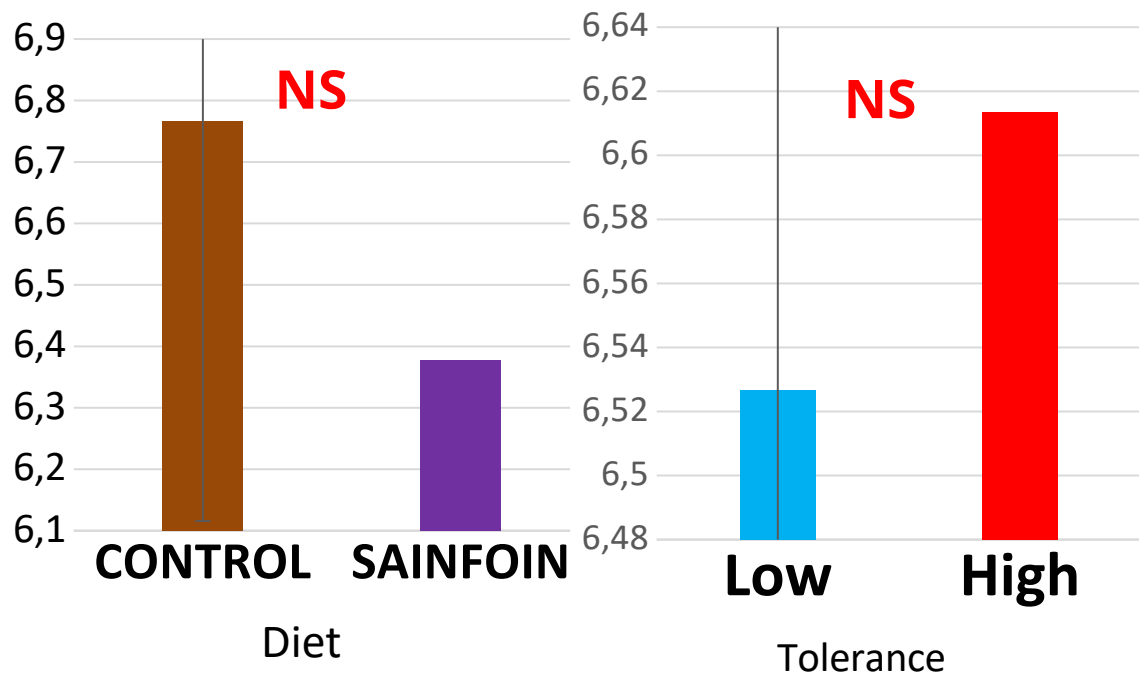
**X NO effect: Diet  
Stress tolerance**

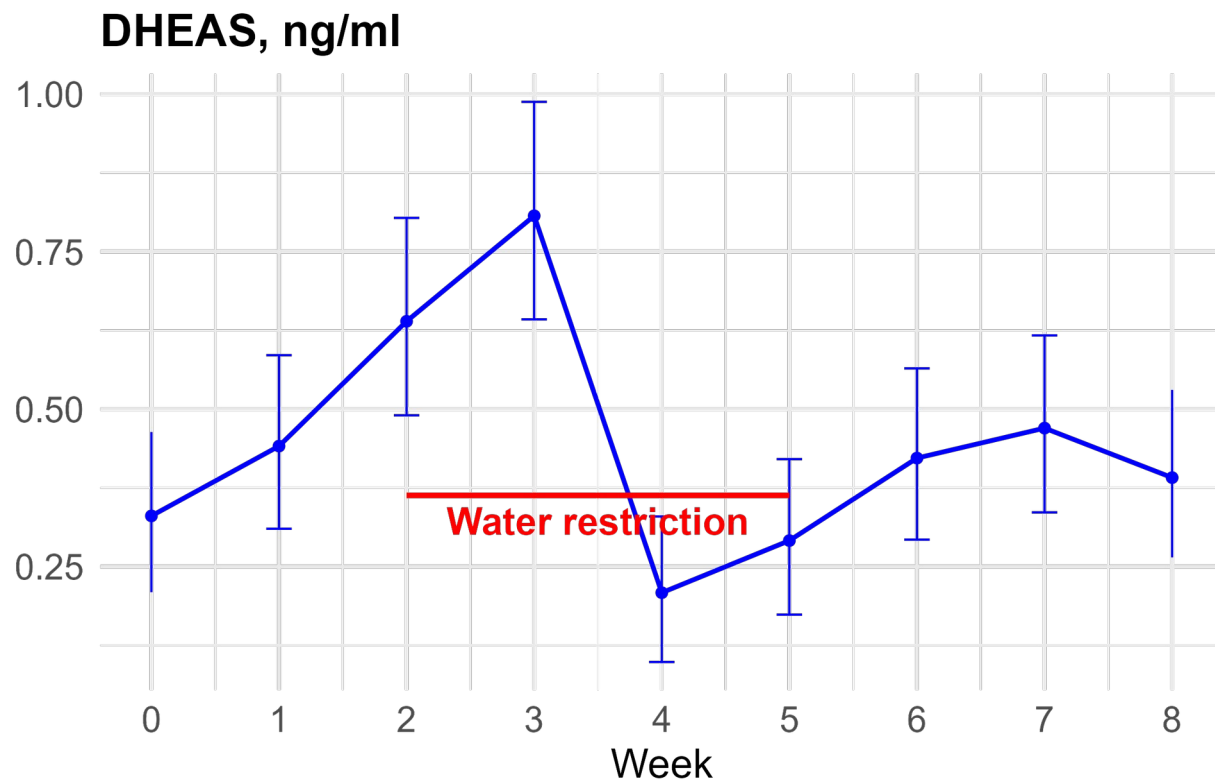
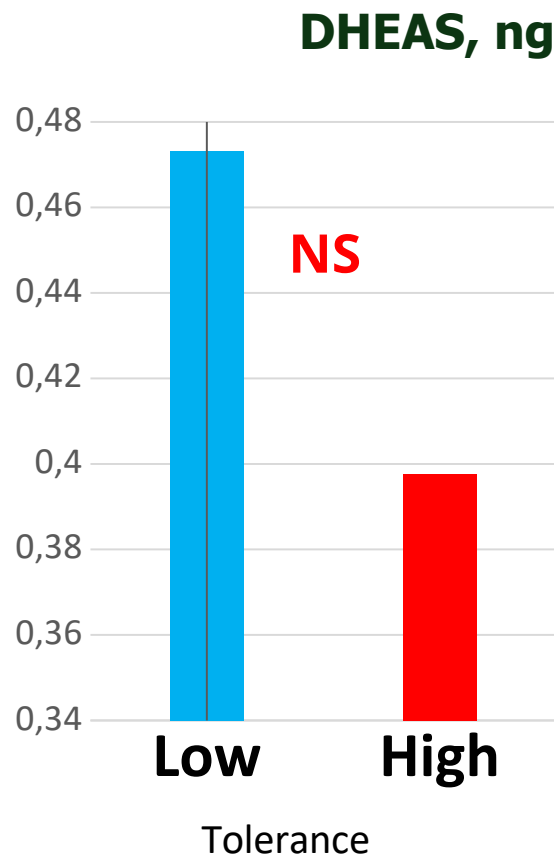
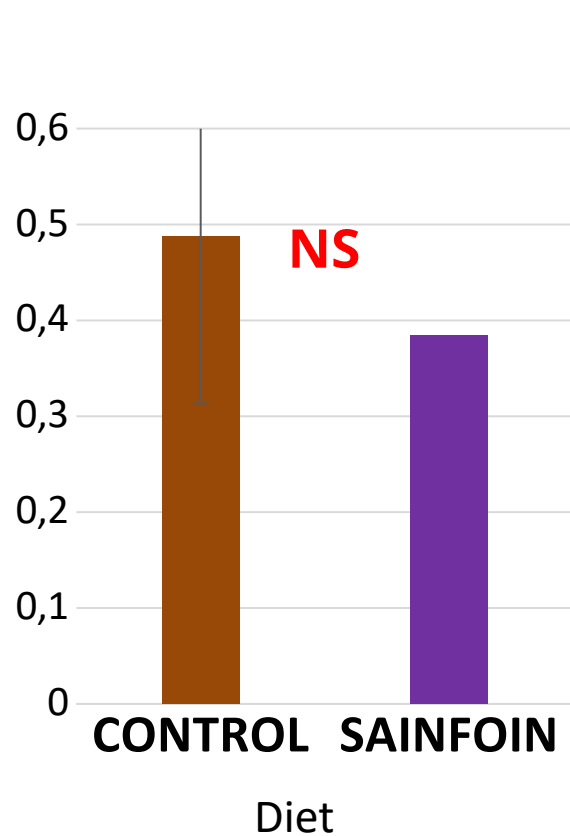


## CORTISOL, ng/ml



## DHEA, ng/ml





- ✓ Diet and stress tolerance did not affect most of the hormones,  
↳ except SAINFOIN (increased plasma cortisol)
- ✓ **Cortisol** levels decreased over time, possibly reflecting acclimation.
- ✓ Water restriction increased plasma **DHEA**, suggestion a protective mechanism.
- ✓ No consistent pattern of **DHEA-s** throughout the trial

**Next step: Associate different biomarkers to the genetic background**





*Thank You!*



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