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Anti-Müllerian hormone (AMH) concentration in sheep and its dependence of age and independence of *BMP15* genotype: an endocrine predictor to select the best donors for embryo biotechnologies

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- 2 independence of *BMP15* genotype: an endocrine predictor to select the best donors for
- 3 embryo biotechnologies
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#### 14 Abstract

15 Embryo biotechnologies contribute significantly to the genetic enhancement of livestock, 16 although their efficiency is still limited in sheep, mainly due to variable ovarian responses to 17 gonadotropins. At present, anti-Müllerian hormone (AMH), which is produced by the 18 granulosa cells of the small antral follicles, is a reliable endocrine marker of the ovarian 19 follicle reserve in many species. The expression of AMH in granulosa cells was shown to be 20 stimulated by bone morphogenetic proteins (BMPs) in vitro, so a mutation affecting the 21 BMP15 gene might modulate AMH production in vivo. The present study aimed to assess 22 plasma AMH concentrations before puberty in two groups of Rasa Aragonesa ewes that were

23 carrying (R+) or not carrying (++) the prolific  $FecX^{R}$  allele and to relate them with their AMH 24 concentrations at adulthood. Additionally, we sought to establish in both genotypes whether 25 AMH measurements during a LOPU programme could be predictive of the number of ovarian 26 follicles ( $\geq$ 3 mm) and recovered cumulus-oocyte complexes (COCs). No differences in AMH 27 were found between the R+ and ++ ewes before puberty or during the adult age. Before 28 puberty, the AMH concentration tended to increase from 3 to 4.5 months and to decline at 6 29 months to levels similar to those observed later in adults (333.8  $\pm$  73.3, 483.2  $\pm$  135.5 and 30 184.1  $\pm$  38.2 pg/mL, respectively; P < 0.1), showing a large variability between individuals 31 and between ages. A relationship between the AMH concentrations before puberty and during 32 adulthood was not found, likely reflecting different follicular growth dynamics. In adults, the 33 AMH concentration at the beginning of the FSH treatment was strongly correlated with the 34 number of punctured follicles at LOPU in R+ and ++ ewes (r = 0.75 and 0.78, respectively; P 35 < 0.001), and it was possible to accurate determine AMH cut-off values for both genotypes to 36 identify high-responding ewes. On average, 5.1 extra follicles and 2.7 extra COCs were 37 expected per each 100 pg/mL increase in AMH (P < 0.0001 and P < 0.01, respectively). The 38 repeatability of AMH concentration from session to session was 0.70 (P < 0.0001). Our results demonstrated that, regardless of age, the presence of the  $FecX^{R}$  allele did not affect 39 40 plasma AMH levels. During adulthood, AMH proved to be a good predictor of the ovarian 41 response to FSH stimulation. Such an indicator could therefore be used to improve the 42 performance of embryo biotechnologies in sheep.

43 **Keywords:** COCs, *FecX*, follicle, FSH, ovarian reserve, ovum pick-up

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1.

Introduction

45 Reproductive efficiency in sheep is of great importance to optimise labour, improve the 46 income of farmers and the viability of farms, and contribute to optimising the use of 47 resources. The use of embryo biotechnologies contributes to an increase in the selection 48 intensity and shortens the generation interval, allowing for the production of a large number 49 of descendants from ewes with high genetic merit. In sheep, embryo biotechnologies have 50 developed considerably in recent years due to a higher demand and an increased efficiency of 51 the protocols and techniques. Apart from artificial insemination (AI) and multiple ovulation 52 and embryo transfer (MOET), laparoscopic-ovum pick up (LOPU) and in vitro production of 53 embryos (IVP) represent the next generation of techniques to improve the number of offspring 54 in small ruminants [1], presenting many advantages over traditional MOET. Using OPU-IVP, 55 more embryos can be produced in the same period of time per donor animal, as the procedure 56 can be performed over a long period, including pregnancy, prepuberty, or anestrus, without 57 detrimental effects on the fertility of the donor. LOPU-IVP is a versatile technique with a 58 much greater potential for the future compared with MOET, and it could therefore 59 significantly contribute to enhancing genetic improvement and preserving endangered breeds.

However, the overall efficiency of LOPU-IVP in sheep is still far from the yields reached in cattle [2]. Apart from the aspects related to IVP and the conservation of the produced embryos, a major limiting factor is the large between-individual variability in the ovarian response to stimulation treatments using exogenous FSH [3], resulting in high variability in the final number of transferable embryos in sheep. Variations in the ovarian response to FSH reflect the variability of the follicular population present at the beginning of the treatment in small ruminants [4–6].

67 Anti-Müllerian hormone is a glycoprotein belonging to the transforming growth factor (TGF)-68  $\beta$  family that is only expressed in the gonads [7,8]. In women and female animals, AMH is a 69 reliable marker of the size of the ovarian pool of growing follicles. At present, AMH is the 70 best predictive endocrine marker of the number of available follicles in Assisted Reproductive 71 Technologies (ART) in response to ovarian stimulatory treatment in humans [9], cows [10], 72 goats [11], and mares [12]. In the sheep ovary, AMH has recently been found to be highly 73 produced by the antral follicles from 1 to 3 mm in diameter [13], but its ability to predict the 74 number of follicles available for puncture in a LOPU programme has not been investigated 75 yet. While the use of AMH in adulthood is of great interest, it would be even more interesting 76 if it could be determined earlier in life. In a previous work, we investigated the ability of 77 plasma AMH to predict the ovarian follicle reserve before puberty and to correlate it with early fertility at the first lambing for the early selection of replacement ewe lambs. Our results 78 79 suggested that AMH could be a marker of the ovarian follicle reserve before puberty related 80 to sexual precocity [14]. Thus, in the present work, we aimed to assess the usefulness of 81 AMH determination at an early age for the precocious selection of the best future donors for 82 embryo biotechnologies.

In recent years, several sheep breeds have been identified with different mutations in the bone 83 84 morphogenetic protein 15 (BMP15) gene, which are responsible for an increase in the 85 ovulation rate and prolificacy in heterozygous ewes [15-19]. One of the mentioned polymorphisms corresponds to the  $FecX^{R}$  allele in the Rasa Aragonesa breed [18]. We 86 recently found that the presence of the  $FecX^{R}$  allele in heterozygosity led to a decrease in 87 88 follicle diameter, with no effects on the developmental competence of their oocytes [20]. The 89 *BMP15* gene, like AMH, belongs to the TGF- $\beta$  superfamily [21]. Other BMPs belonging to 90 this superfamily have recently been shown to stimulate AMH mRNA expression in granulosa 91 cells in vitro, both in cattle (BMP4 and BMP6) [22] and sheep (BMP4) [13]. These recent 92 results strongly suggest an important role for BMPs in enhancing AMH production in small 93 antral follicles in vivo. Many questions remain to be addressed regarding regulation of AMH 94 expression, including the potential effects of other members of the BMP family, such as 95 BMP15 or GDF9. For this reason, the potential influence of a decrease in BMP15 protein 96 expression in the oocyte due to a mutation affecting the *BMP15* gene, on AMH production in 97 follicles and therefore, on its endocrine level, should not be disregarded. Due to the 98 reproductive advantages of the  $FecX^R$  allele, ewes heterozygous for  $FecX^R$  coexist with wild-99 type ewes in Rasa Aragonesa flocks. Therefore, potential differences in plasma AMH 100 concentrations between genotypes should be assessed to determine whether the predictive 101 ability of AMH could be extended or not to both genotypes and therefore if distinctions 102 between the genotypes when using AMH as a selection tool should be made or not.

103 Therefore, the aims of this study were the following: 1) to assess whether the presence of the 104  $FecX^R$  mutation in the *BMP15* gene could affect the AMH plasma concentrations; 2) to 105 characterise the plasma AMH concentrations before puberty and to establish the relationship 106 between AMH measured during this period of life and AMH and LOPU performance at the 107 adult age; and 3) to establish whether plasma measurements of AMH during adulthood could 108 be used to determine the number of ovarian follicles and cumulus-oocyte complexes (COCs) 109 that a given sheep can produce during repeated LOPU sessions, using FSH or not.

### 110 2. Material and Methods

All experimental procedures were performed in accordance with the guidelines of the European Union (2003/65/CE) and Spanish regulations (RD 1201/2005, BOE 252/34367-91) for the use and care of animals in research. The experiments were carried out at the facilities of the research centre (CITA de Aragón, Spain). The *BMP15* genotype was determined in all animals by PCR genotyping, as previously described by Martínez-Royo et al. [23].

#### 116 2.1. Experiment 1: Plasma AMH concentration before puberty

117 Twelve ewe lambs of the Rasa Aragonesa breed, including six heterozygous for the  $FecX^{R}$ 118 allele (R+) and six wild-type ewe lambs (++), were used. The animals were born in April, 119 with a maximum age difference between animals of 3 days. They were provided feed and 120 water *ad libitum* and reared under the same conditions. Ewe lambs were submitted to blood 121 sampling at 3, 4.5, and 6 months. The experimental protocol aimed to compare the plasma 122 AMH concentrations depending on age and genotype.

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124 For AMH determination, three blood samples were obtained from each ewe lamb before 125 puberty as follows: first sampling at 90 days of age (July), second sampling at 135 days of age 126 (August), and third sampling at 180 days of age (October). All samples were taken at 9 a.m., 127 with a maximum interval from the first to the last sampling of 10-15 minutes. In order to 128 determine whether puberty had occurred by the time of AMH sampling, two blood samples at 129 nine days interval were taken at 3, 4.5 and 6 months of age for P4 determination. The samples 130 were collected by jugular puncture using 5-mL vacuum tubes with lithium heparin that were 131 immediately centrifuged at 2100 X g for 25 min. The plasma was stored at -20 °C until it was 132 assayed for AMH and P4. After that, the ewe lambs were kept in irrigated pastures with ad 133 *libitum* access to water and mineral supplements.

#### 134 2.2. Experiment 2: Plasma AMH concentration at LOPU

135 When the ewe lambs from experiment 1 were adults (19 months), ten of them were submitted 136 to four LOPU sessions, together with six additional ewes of similar age (8 R+ and 8 ++ in 137 total), and blood samples were taken during each session for AMH measurement. The AMH 138 samples were taken in the second LOPU trial of a previous work, consisting in two LOPU-IVP trials performed to evaluate the effects of the  $FecX^{R}$  allele and FSH on follicle population 139 140 and oocyte quality [20]. The present experiment aimed to assess the ability of the plasma 141 AMH concentrations to predict the performance of an individual ewe submitted to a LOPU 142 program, taking into account the potential effect of the R+ genotype and LOPU session on the 143 AMH concentration. In addition, the relationships between the AMH concentrations of the 144 ewe lambs before puberty with the AMH concentrations and performance (number of 145 punctured follicles and COCs) of adult ewes submitted to LOPU were investigated.

## 146 2.2.1. Hormonal treatment and blood sampling

147 Four LOPU sessions were carried out 7 days apart, as follows (Fig. 1). The first and second 148 sessions were carried out without FSH treatment, and the third and fourth sessions took place 149 following FSH treatment. Prior to the first session, the ewes received two doses of 125 µg of 150 cloprostenol (Estrumate, Schering-Plough Animal Health, Madrid, Spain) 8 days apart. Five 151 days after the second injection, 30 mg fluorogestone acetate sponges (FGA; Sincropart 30 mg, 152 CEVA Animal Health SA, Barcelona, Spain) were inserted and replaced by new ones at each 153 LOPU session. The first LOPU session took place 12 days after the insertion of the first 154 sponge, and the second took place one week after. Prior to the third and forth LOPU sessions, 155 the ewes received a total of 32 mg of FSH (ULG, Liège, Belgium) administered in decreasing doses as follows: 8 mg (60 h), 8 mg (48 h), 6 mg (36 h), 6 mg (24 h), and 4 mg (12 h). 156 157 Coinciding with the first injection of FSH, 125 µg of cloprostenol was injected. All FSH used 158 in this study was highly purified porcine FSH, supplied by the Laboratory of Endocrinology 159 of the Faculty of Veterinary Medicine, University of Liege, Belgium. The quantities are expressed in mg of the NIH-FSH-P1 standard. 160

161

## (Approximated location Fig. 1)

A total of four blood samples for plasma AMH determination were taken from each ewe in different moments to establish the relationship between follicle and COC numbers with AMH. In sessions 1 and 2, samples were taken at the time of LOPU, and in sessions 3 and 4, the samples were taken coinciding with the first FSH injection in each session (60 h prior to LOPU). Blood sampling and storing was performed as in experiment 1.

#### 167 2.2.2. Laparoscopic Ovum Pick Up (LOPU) and recovery of oocytes

Follicular aspiration was carried out as previously described [20]. Briefly, the donors were fasted for 12 hours before the LOPU session, anesthetised with 3 mg / kg body weight of propofol (Propofol <sup>®</sup>Lipuro 1%, Braun, Spain) and submitted to inhalation anaesthesia with

isofluorane (IsoFlo®, Veterinary Esteve, Spain). An endoscope and an atraumatic grasping 171 172 forceps were inserted into the abdominal cavity, and a 23G needle was introduced by a third 173 incision to aspirate the contents of all the antral follicles  $\geq 3$  mm in diameter present on the 174 ovaries, using a vacuum pump adjusted to -25 mm Hg (V-MAR 5100; Cook Ltd, Eight Mile 175 Plains, Australia). The number and diameter of the punctured follicles was recorded for each 176 donor and session. After oocyte collection, the ovaries were washed with sterile physiological 177 saline solution (0.9% NaCl) supplemented with 5 IU heparin / mL. A staple and topical spraying with chlortetracycline hydrochloride (Pederol<sup>®</sup> spray, Syva, León, Spain) were 178 applied to each of the three 1-cm incisions, and 1 mL/10 kg im of oxytetracycline (Oxycen-179 200 L.A.<sup>®</sup>, S.P.veterinaria, s.a., Tarragona, Spain) was administered to each ewe. The Falcon 180 181 tubes were brought to the laboratory and poured into a petri dish to recover the COCs, that 182 were morphologically scored into five categories as previously described by Stangl et al. [24]. 183 Only those surrounded by continuous multilayer unexpanded cumulus cells and showing a 184 homogeneous cytoplasm were considered as suitable for in vitro maturation (IVM, categories 185 I, II and III).

## 186 2.3. Assay for anti-Müllerian hormone

The plasma concentrations of AMH were measured with the AMH GenII ELISA Kit 187 188 (Beckman Coulter France, Roissy CDG, France). This kit is an enzymatically amplified two-189 site immunoassay, providing materials for the quantitative measurement of AMH in human 190 serum. For validation of the assay in sheep, serial dilutions of different ovine plasma and 191 follicular fluid samples in steer plasma were analysed using the kit. The results showed that 192 the follicular fluid dilution curves were linear and parallel to the standard curve (data not 193 shown). Just before the assay, the frozen plasma samples were thawed in a warm water bath, 194 vortexed and centrifuged (3200 g, 10 min, 4 °C) to remove any cell fragments that could 195 interfere with the reagents of the assay. The anti-Müllerian hormone concentrations were 196 determined in  $50-\mu$ L undiluted plasma samples. The samples were incubated overnight at 4 197  $^{\circ}$ C in the presence of the primary antibody and then for 1.5 h at room temperature in the

presence of the secondary antibody. Dilutions of the points of the standard curve were made in steer plasma. With these conditions, the limit of detection of the assay was found to be 15 pg/mL. The intra-assay coefficients of variation were 9.9, 6.0, and 2.7% for the three quality control blood samples that were tested, containing 80, 160, and 400 pg/mL of AMH, respectively.

203 2.4. Assay for progesterone

Progesterone was analyzed by a direct competitive ELISA kit intended for ovine plasma (Ridgeway Science, St. Briavels, Gloucestershire, UK), following the manufacturer's instructions. The sensitivity was 0.28 ng/mL. All samples were run in the same assay. Intraassay coefficients of variation for plasma pools of 0.5 and 1 ng/mL were 11.5 and 15.0%, respectively. The threshold considered for luteal activity was 0.5 ng/mL.

209 2.5. Statistical analyses

The effects of  $FecX^{R}$  genotype and age on AMH concentrations at a prepubertal age were tested by repeated-measures analysis of variance (ANOVA) using the MIXED procedure of SAS [25]. The following terms were included in the model: genotype, age, and their interaction as fixed effects and the donor ewe within genotype as random.

Correlations between the variables were assessed by the Pearson's correlation coefficient. The repeatability of the AMH concentrations at different times was calculated as the ratio of the between-animal variance to the sum of the between-animal and the within-animals variance. The variance components were estimated by the method of restricted maximum likelihood using the VARCOMP procedure of SAS. The statistical significance from zero of the repeatability estimates were assessed using confidence intervals [26].

The effects of  $FecX^{R}$  genotype and FSH treatment on the total number of punctured follicles ( $\geq$  3 mm), recovered COCS and COCs suitable for IVM per ewe and session were analysed by repeated-measures ANOVA using the MIXED procedure of SAS. The following fixed effects were included in the models: genotype, treatment, and session, as well as all the possible interactions among them. The treatment and the session within each treatment were treated as repeated factors. The donor ewe within the genotype group was included as a random term.

The effects of the  $FecX^R$  genotype and the number of sessions on the plasma AMH concentrations, which were measured per ewe and per session, were analysed by repeatedmeasures ANOVA using the MIXED procedure of SAS. The following fixed effects were included in the model: genotype, session, and their interaction. Session was treated as the repeated factor. The donor ewe within the genotype group was included as a random term.

Between-groups comparisons were performed by pairwise contrasts and the raw probabilities were adjusted for multiple comparisons by the step-down Shaffer-simulated method incorporating logical constraints [27,28] using the LSMESTIMATE statement [29].

The effect of the  $FecX^{R}$  genotype on the linear relationship between the variables recorded in 235 236 the LOPU sessions (number of punctured follicles, recovery rate, numbers of recovered COCs 237 and COCs suitable for IVM per ewe and per session) and AMH was analysed by repeated-238 measures analysis of the variance-covariance (ANCOVA). Separate models were fitted for 239 untreated sessions (first and second) and treated sessions (third and fourth). The terms 240 included in the models were the following:  $FecX^{R}$  genotype (allowing for different intercepts 241 for each genotype), AMH (included as covariate), and their interaction (allowing for different 242 slopes for each genotype), as fixed effects; and the donor ewe within the genotype as random. 243 If the interaction between genotype and AMH was not significant, a common slope could be 244 assumed (two parallel lines were fitted, one for each genotype). In addition, if the genotype 245 effect was not significant, a common intercept could be assumed (a common line was fitted 246 for both genotypes) [30].

The performance of the plasma AMH concentration prior to FSH treatment to predict donor ewes with higher numbers of punctured follicles ( $\geq$  3 mm) at the day of LOPU was tested by

249 receiver-operating characteristic (ROC) analysis, using the LOGISTIC procedure of SAS. 250 Donors with more than 18 punctured follicles per session were considered as "high-251 responding" and those with 18 follicles or less as "low-responding" ewes, as the median 252 number in all ewes (both genotypes pooled) was 18.5 follicles per session in treated sessions. 253 Sensitivity (Se) was defined as the ratio between the donors correctly predicted as "high-254 responding" and the total number of "high-responding" donors. Specificity (Sp) was defined 255 as the ratio between the donors correctly predicted as "low-responding" and the total number 256 of "low-responding" donors. The ROC curve is a plot of sensitivity (the true positive rate) 257 versus one minus specificity (the false positive rate). The area under the ROC curve (AUC) 258 was used as a measure of the predicting ability of AMH. As it is known that the values of 259 AUC are too higher when obtained from the data set used to fit the model, AUC values 260 obtained by the leave-one-out cross-validation method are also reported. Between-genotypes 261 comparisons of the AUC values were carried out using the method described by Greiner et al. 262 [31]. The maximum value of the Youden index (J = Se + Sp - 1) was used to determine the 263 optimal value of plasma AMH (cut-off value) to discriminate between "high" and "low 264 responding" donors to FSH.

The normality of the ANOVA and ANCOVA residuals were tested by the Jarque–Bera test, applying a correction for finite samples [32]. A Box–Cox transformation was applied to variables failing to meet the requirement of residual normality. The significance level was set at P < 0.05. Otherwise indicated, results are reported as means ± standard errors.

269 **3.** Results

## 270 3.1. Experiment 1: Plasma AMH concentration before puberty

Progesterone was lower than 0.5 ng/mL in the two samples taken from all ewe lambs at 3, 4.5 or 6 months, so all animals were assumed to have not reached puberty at these ages. Plasma AMH was detected in all the ewe lambs, although one of them showed a non-detectable value at 6 months, preceded by concentrations higher than 250 pg/mL at 3 and 4.5 months, and with

275 AMH values higher than 100 pg/mL at the adult age. Therefore, the value at 6 months was not

taken into account in this ewe lamb.

## 277 Effect of the $FecX^{R}$ genotype on plasma AMH concentration before puberty

No significant differences in plasma AMH concentrations were found between R+ and ++ ewes at 3 months ( $355.3 \pm 118.0 \text{ vs.} 312.2 \pm 86.4 \text{ pg/mL}$ ), at 4.5 months ( $490.5 \pm 205.4 \text{ vs.} 476.0 \pm 176.6 \text{ pg/mL}$ ), or at 6 months ( $145.1 \pm 56.5 \text{ vs.} 223.1 \pm 65.5 \text{ pg/mL}$ ), respectively (Fig. 2). The interaction between genotype and age was not significant, indicating that variations in AMH with age were similar in both genotypes.

283 Effect of age on plasma AMH concentration before puberty

284 Plasma AMH levels at 3, 4.5 and 6 months were  $333.8 \pm 73.3$ ,  $483.2 \pm 135.5$  and  $184.1 \pm 38.2$ 285 pg/mL, respectively. Plasma AMH concentrations at 6 months were lower than those found at 286 3 or 4.5 months (P < 0.05 for both), although significance was not attained when probabilities were adjusted for multiple comparisons (P < 0.1 for both). The AMH profile throughout this 287 288 period was different between animals, so the maximum AMH values were found at different times in different ewe lambs at 3 months (n = 4), at 4.5 months (n = 6), or at 6 months (n = 2). 289 290 The plasma AMH concentrations ranged from 20.4 to 829.1 pg/mL at 3 months, from 69.3 to 291 1370.8 pg/mL at 4.5 months, and from 69.3 to 471.4 pg/mL at 6 months, demonstrating high 292 between-individual variability. Overall, the within-animal repeatability in the plasma AMH 293 concentration at 3, 4.5, and 6 months was found to be low (0.17; NS). When only those ewe 294 lambs that presented the AMH peak at the same time (4.5 months) were considered, the 295 overall within-animal repeatability at 3, 4.5, and 6 months was higher, although significance 296 was not attained (0.39; P < 0.1).

297

#### (Approximated location Fig. 2)

298 3.2. Experiment 2: Plasma AMH concentration at LOPU

299 Plasma AMH was detected in all the animals and sessions, ranging from 19.6 to 446.0 pg/mL.

300 Effect of the  $FecX^{R}$  genotype and LOPU session on plasma AMH concentration at LOPU

301 No significant differences in the plasma AMH concentration were found between R+ and ++

302 ewes (Table 1). The interaction between genotype and session was not significant, indicating

303 that variations in AMH within a session were similar in both genotypes. The interaction

304 between genotype and treatment was not significant.

- 305 In sessions 1 and 2, the plasma AMH concentrations were similar (213.8  $\pm$  19.9 vs. 213.6  $\pm$
- 25.8 pg/mL), and both were higher than those in the subsequent sessions 3 and 4 (P < 0.02).
- 307 The plasma AMH concentrations were slightly higher in the third than in the fourth session,

308 although significance was not attained (154.4  $\pm$  21.0 vs. 109.9  $\pm$  14.9; P < 0.1). A trend to

- 309 significance was found for the interaction between session and FSH treatment (P < 0.1).
- 310 **Table 1.** Plasma AMH concentrations (pg/mL) in adult ewes that were carrying (R+) or not
- 311 carrying (++) the *FecX<sup>R</sup>* allele of the *BMP15* gene, submitted to four LOPU sessions, with or
- 312 without FSH treatment, one week apart.

	Effect		AMH (pg/mL)	<b>P-value</b>
	Genotype (G)		7	
		R+	$166.2 \pm 14.9$	0.71
		++	$179.8 \pm 17.8$	
	Session (S)	/		
		1	$213.8\pm19.9\ ^a$	0.0001
		2	$213.6\pm25.8~^a$	
		3	$154.4 \pm 21.0$ <sup>b</sup>	
	)	4	$109.9\pm14.9~^{b}$	
	GXS			
	R	+ 1	$200.9\pm30.5$	0.88
		2	$214.9\pm28.3$	
		3	$149.8\pm26.5$	
		4	$99.1 \pm 17.0$	
	+	+ 1	$227.3\pm26.7$	
		2	$212.3\pm45.4$	
		3	$158.9\pm34.5$	
	_	4	$120.8\pm25.1$	
ah n	0.00			

<sup>a,b</sup>: P < 0.02

## 314 *Repeatability of AMH concentrations during LOPU sessions*

- 315 The individual repeatability of plasma AMH concentration during repeated sessions of LOPU
- 316 was 0.57 (P < 0.0001), increasing up to 0.70 when only considering sessions 3 and 4 (with
- 317 FSH; P < 0.0001 for both).
- 318 Representative ewes of both genotypes are shown in Fig. 3.
- 319 (Approximated location Fig. 3)

320 Relationships between plasma AMH concentrations and LOPU yields

321 No significant differences were found between R+ and ++ ewes in the number of punctured

- 322 follicles  $(16.9 \pm 1.1 \text{ vs. } 14.8 \pm 0.9)$ , total COCs  $(10.2 \pm 0.8 \text{ vs. } 8.3 \pm 0.6)$  and COCs suitable
- 323 for IVM ( $8.8 \pm 0.8$  vs.  $7.2 \pm 0.7$ ; respectively).

324 In sessions 1 and 2 (without FSH), the number of punctured follicles was lower than in sessions 3 and 4, with FSH (12.9  $\pm$  0.9 vs. 18.8  $\pm$  1.1; P < 0.001). We found a weak 325 326 correlation between the AMH concentrations and the number of punctured follicles ( $\geq 3 \text{ mm}$ ) at LOPUs 1 and 2 (r = 0.30; P < 0.1). As shown in Fig. 4, a common regression line for both 327 328 genotypes could be assumed. The correlations between AMH and recovery rate, total COCs 329 recovered, or COCs suitable for IVM were not significant (r = -0.08; r = 0.09 and r = -0.08; 330 respectively). For each of these variables, a common regression line for both genotypes could 331 be assumed (not shown).

Conversely, in sessions 3 and 4 (with FSH), the number of punctured follicles ( $\geq$  3 mm) at LOPU was strongly correlated with the AMH concentrations measured at the beginning of the FSH treatment in both R+ and ++ ewes (r = 0.75 and r = 0.78, respectively; P < 0.001 for both). In this way, 5.1 ± 1.0 extra follicles were expected to be punctured per 100 pg/mL increase in AMH in both genotypes (P < 0.0001). In this case, two parallel regression lines, one for each genotype, were fitted (Fig. 4). For the same AMH concentrations, 4.5 ± 1.6 extra follicles were expected to be punctured in the R+ genotype than in ++ genotype (P < 0.05). As

339	in sessions 1 and 2, the recovery rate of COCs was not correlated with plasma AMH
340	measured at the beginning of FSH treatment (r = -0.13; P < 0.49) and a common regression
341	line could be assumed for both genotypes (not shown). Conversely, correlations with plasma
342	AMH were also found for total COCs recovered or COCs suitable for IVM ( $r = 0.41$ and 0.39,
343	respectively; both each $P < 0.05$ ). For these variables two parallel regression lines, one for
344	each genotype, were fitted (not shown). In this way, $2.7 \pm 0.7$ extra COCs were expected to be
345	recovered per 100 pg/mL increase in AMH in both genotypes (P < 0.01). In addition, for the
346	same AMH concentrations, $4.0 \pm 1.2$ extra COCs were expected to be recovered in R+ than in
347	++ genotype (P < 0.01). Likewise, $2.3 \pm 0.8$ extra COCs suitable for IMV were expected to be
348	recovered per 100 pg/mL increase in AMH in both genotypes ( $P < 0.01$ ). For the same AMH
349	concentrations, $3.7 \pm 1.2$ extra COCs suitable for IVM were expected to be recovered in R+
350	than in ++ genotype ( $P < 0.01$ ).

351

362

## (Approximated location Fig. 4)

352 Determination and predicting performance of AMH cut-off values to detect "high-353 responding" ewes

354 The AUC values were  $0.867 \pm 0.107$  and  $0.883 \pm 0.086$  for the R+ and ++ genotypes, 355 respectively. These values were different from 0.5, the AUC value of a test without 356 discriminatory capacity (both P < 0.001). After cross-validation, these were lowered to 0.783 357  $\pm$  0.129 and 0.767  $\pm$  0.132, respectively, also different from 0.5 (both P < 0.05). The AUC 358 values were similar for both genotypes, either prior to (P < 0.90) or after cross-validation (P < 0.90) 359 (0.93). The optimal cut-offs for selecting "high-responding" ewes were 112 pg/mL for the R+ 360 genotype (corresponding to 80.0% sensitivity and 83.3% specificity) and 169 pg/mL for the ++ genotype (corresponding to 66.7% sensitivity and 100% specificity; Fig. 5). 361

(Approximated location Fig. 5)

Relationship between plasma AMH concentration at puberty and LOPU performance at the
 adult age

There was no significant relationship between the plasma AMH concentrations before puberty (at 3, 4.5 and 6 months) and the plasma AMH at the adult age (at the first, second, third, and fourth LOPU sessions) for any genotype. In the same way, the relationships between plasma AMH concentrations at 3, 4.5, and 6 months and the follicle yield at the LOPU sessions at the adult age were not significant (Fig. 6). The within-animal repeatability of AMH at 3, 4.5, or 6 months with AMH at the adult age was close to zero.

371

## (Approximated location Fig. 6)

#### 372 **4. Discussion**

The present study shows that: 1) the presence of the  $FecX^R$  mutation in the *BMP15* gene did not affect the plasma AMH concentrations; 2) the plasma AMH concentration in the prepubertal age was demonstrated to be highly variable between individuals and months, and it did not demonstrate a relationship with the plasma AMH or follicle number at the adult age; 3) In adults, the plasma AMH proved to be a good predictor of the response to FSH stimulation, and therefore it could be used to improve the performance of the LOPU-IVP procedures in both R+ and ++ ewes.

In the present study, we aimed to investigate whether the presence of the  $FecX^{R}$  allele, with a 380 381 deletion in the sequence encoding the BMP15 gene, influences the plasma AMH 382 concentrations, as other BMP factors (BMP4 and BMP6) have been shown to promote in 383 vitro AMH expression in granulosa cells in cattle [22] and sheep [13]. We found no 384 differences in the average plasma AMH concentrations between R+ and ++ ewes, neither 385 before puberty, nor at the adult age. Nevertheless, when ewes with similar AMH 386 concentrations at the time of FSH administration were compared, we found that R+ ewes 387 developed a higher number of follicles at LOPU in response to FSH than ++ ewes. In fact, we

388 proposed a different AMH cut-off value for each genotype to select the best-responding ewes. 389 We found similar indications of an increased response of R+ ewes to exogenous 390 gonadotropins in previous works. First, the advantage on the ovulation rate of the R+ ewes 391 with respect to the ++ ewes was doubled when applying a standard dose of eCG [33]. Second, 392 in LOPU experiments, the punctured follicles from R+ ewes were smaller than those from ++ 393 ewes, and the application of FSH leads to approximately three extra follicles in R+ ewes, 394 while similar numbers of follicles were punctured without FSH in both genotypes [20]. Third, 395 we found a positive correlation in the untreated R+ ewes, but not in ++ ewes, between the LH 396 peak area and ovulation rate, suggesting that the same LH concentration can trigger the 397 ovulation of an increased number of follicles in R+ ewes [34]. This increased ovulatory 398 response of R+ ewes could be explained by the "window" theory proposed by Scaramuzzi et 399 al. [35]. According to that theory, the multiple ovulations could be due to an increase in the 400 pool of gonadotropin-dependent follicles and/or to a lowering of the FSH threshold, or an 401 increase in circulating FSH levels. The most accepted model for ewes carrying the Booroola 402 mutation or other mutations in BMP15 or GDF9 relies on an increased size of the pool of gonadotropin-dependent follicles of smaller size, without apparent changes in endocrine 403 404 patterns [36,37]. We can therefore hypothesise that R+ ewes could have an increased number 405 of small growing follicles able to respond to gonadotropins, contributing to the secretion of 406 AMH, that we have not taken into account in the present study. In addition, in other prolific 407 breeds (Finn ewes) the increased ovulation rate was found to be achieved by rescuing some 408 follicles from atresia, which came from the preceding follicular wave [38]. The rescue of 409 some follicles undergoing atresia would be another hypothesis to explain the increased 410 ovulatory response of R+ ewes. Our results are a first and gross analysis at the plasma level of 411 differences in AMH between animals carrying or not carrying a deletion in the *BMP15* gene. 412 Therefore, further studies are needed to address whether R+ ewes could have an increased 413 number of small antral follicles able to respond to gonadotropins, as well as the AMH 414 secretory capacity of R+ follicles in relationship with their diameter.

415 Studies on plasma AMH at the prepubertal age in domestic animals are scarce. In beef heifers, 416 plasma AMH concentrations were found to increase markedly between 1 and 3 months of age, 417 remaining high at 6 months, and then declining slowly until 12 months, which corresponds 418 with their age of puberty [13]. In the present study, using Rasa Aragonesa ewes in which 419 puberty occurs at approximately 7 to 8 months [39], we found a similar profile for AMH, 420 showing an increase at 4.5 months, and low AMH concentrations at 6 months, similar to those 421 observed later in adulthood. This increase in AMH concentrations at 4.5 months would be coincident with a period where a peak in the total number of follicles  $\geq 3$  mm has been 422 observed in other sheep breeds at approximately 16 weeks [40]. However, in the present study 423 424 the maximum AMH concentrations were not found at the same time in all the ewe lambs, so 425 individuals were not consistently ranked, which could explain the low repeatability found at 426 these ages. In Sarda sheep, the plasma AMH concentrations determined at 40 and 110 days 427 have been related to the total antral follicle count (AFC) [41]. It therefore appears that AMH 428 at these early ages reflects changes in the ovarian follicle status; however, future studies are 429 needed to assess the causes of these AMH variations before puberty and to evaluate whether 430 these observed changes in AMH reflect changes in the number of small antral follicles or are 431 due to changes in the amount of AMH secreted by each follicle.

432 In the present study, the AMH concentration in the plasma before puberty was not related 433 with AMH concentration or the number of follicles that could be punctured after FSH 434 treatment at the adult age. In a previous study, we found that plasma AMH measured at three 435 months in prepubertal ewe lambs was a marker of the number of ovarian follicles able to respond to gonadotropins at these early ages and was also positively correlated with fertility at 436 437 their first mating [14]. According to both studies, it appears that AMH is a quantitative 438 marker of the number of ovarian follicles at any age, although its implications before puberty 439 may be different than later in life. The large between-animal variations observed in the pattern 440 of plasma AMH concentrations before puberty appear to reflect that ovarian maturity has 441 occurred at an earlier age in some ewe lambs than in others. During the prepubertal phase, the

- 442 AMH levels have been found to be negatively correlated with the FSH levels in cattle [13]. In
- 443 our opinion, this relationship should be further investigated with a larger number of animals, a
- 444 higher sampling frequency, and determination of other hormones related to puberty.

445 In the present study, the plasma AMH concentration at LOPUs without FSH were not fully 446 predictive of the number of follicles  $\geq 3$  mm present in the ovary at these time points, 447 although a tendency was found. In follicles from sheep, AMH concentrations are the highest 448 in small antral follicles and decrease markedly when follicles increase to their preovulatory 449 size. In Romanov ewes, the highest intrafollicular AMH concentrations were found in 450 follicles from 1 to 3 mm, where it was approximately three-fold higher than the intrafollicular AMH found in 3 to 5-mm follicles, while it was almost negligible in follicles greater than 5 451 452 mm [13]. This pattern of production, together with the fact that the population of follicles 453 from 1 to 3 mm is usually larger than the other populations, could explain the trend observed 454 in the present study: when puncturing follicles from 3 mm onwards, we are only accounting 455 for one small part of the AMH-producing follicles.

456 On the other hand, AMH prior to FSH treatment was highly predictive of the ovarian response 457 to FSH treatment at LOPU, being correlated with the number of punctured follicles, recovered 458 COCs and COCs suitable for IVM. As expected, correlations between AMH and punctured 459 follicles were stronger than AMH and COCs, as the number of retrieved oocytes is affected 460 by the recovery rate, which usually varies among animals and sessions, and which can be 461 affected by several technical aspects external to the animal itself. Regarding the performance 462 of AMH determination to detect high or low-responding ewes, the AUC values were greater 463 than 0.7 in both genotypes, even after cross-validation. According to an arbitrary rule that 464 classifies tests as non-informative (AUC = 0.5), less accurate (0.5 < AUC < 0.7), moderately 465 accurate (0.7 < AUC < 0.9), highly accurate (0.9 < AUC < 1) and perfect tests (AUC = 1) 466 [31], we can rate this AMH test as "moderately accurate". Moreover, AMH was demonstrated 467 to be highly repeatable between the sessions. Our results are in agreement with those 468 previously found by Rico et al. [42] in cows undergoing repeated OPUs. Variations in the

469 ovarian responses to FSH treatments are known to reflect the ovarian follicular population 470 present at the beginning of treatment in small ruminants [5,43], so according to our results in 471 sheep, it appears that the follicle population that produces the highest amounts of AMH is the 472 same population able to be stimulated to grow by FSH. In conclusion, the use of AMH as a 473 predictive method to select the best-responding donor ewes for embryo biotechnologies could 474 improve the poor performance of the technique, and the cost of the analyses are expected to 475 be largely offset by the reduced spending on stimulatory treatments, labour, or the optimised 476 use of recipients.

477 In goats, the administration of exogenous FSH induces a decrease in the AMH concentrations, 478 which occurs 3 to 4 days after treatment, apparently due to the temporary depletion of 479 gonadotropin-responsive follicles, which return to the initial values before 3 weeks [11]. In 480 agreement with this work, in the present study we found a diminution of plasma AMH after the administration of FSH. In the conditions of our work, this occurred seven days after the 481 482 last FSH injection, in the last session. The diminution of AMH observed in the third session, 483 which was not preceded by FSH treatment, is likely due to the short interval between follicle 484 puncture in session 2 and sampling in session 3, separated only by 4.5 days, suggesting that 485 the population of AMH-producing follicles was not fully restored after puncture. During the 486 first two sessions, when FSH was not used, the plasma AMH concentrations remained 487 constant, despite the AMH sampling in session 2 was preceded by ovarian puncture in session 488 1.

## 489 5. Conclusions

490 In conclusion, regardless of age, the presence of the  $FecX^R$  allele did not affect plasma AMH 491 concentrations. Therefore, for its application on farms as a selection tool for early fertility, 492 distinction between genotypes would not be needed. However, when applied to select the 493 best-responding ewes to FSH for LOPU-IVP technologies, the  $FecX^R$  genotype should be 494 taken into account. At the adult age, we propose that the determination of the plasma AMH 495 concentration in a single blood sample prior to FSH treatment is a suitable method for 496 selecting the best oocyte donors for embryo biotechnologies. However, the precocious 497 selection of such animals by AMH sampling at their prepubertal age would not currently be 498 feasible, as the plasma AMH concentrations before puberty varied significantly between 499 months and between individuals.

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Chillip Mark

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## ACCEPTED MANUSCRIPT









630 In (c), nine points are represented both for AMH and punctured follicles, as there was one ewe lamb with non-detectable plasma AMH concentration at 6 months not taken into account.

632 Figure captions

- 633 *Figure 1.* Experimental design of laparoscopic ovum pick-up (LOPU). Hormonal 634 treatment and blood sampling for AMH determination performed in 16 adult ewes, carrying 635 or not carrying the  $FecX^{R}$  allele (R+; n = 8, ++; n = 8).
- 636 Figure 2. Changes in the plasma anti-Müllerian hormone (AMH) concentration before
- 637 puberty and the AMH concentrations at the adult age in ewes carrying or not carrying
- 638 the  $FecX^{R}$  allele. Blood samples were taken at 3, 4.5, 6, and 19 months of age (Mean  $\pm$
- 639 S.E.M.) in 12 ewe lambs (R+; n = 6, ++; n = 6) and in 16 adult ewes (R+; n = 8, ++; n = 8).
- 640 *Figure 3.* Plasma AMH concentrations and the number of punctured follicles ( $\geq$  3 mm)

641 **during each LOPU session**. Representative profiles with high and low AMH (above and 642 below the determined cut-off point to detect "high-responding" ewes) and follicle numbers 643 are shown for two ewes of each genotype; with (R+) and without (++) the  $FecX^{R}$  allele.

- *Figure 4.* Relationship between plasma AMH concentration and the number of punctured follicles ( $\geq$  3 mm) at LOPU. Plasma AMH was measured in 16 adult ewes carrying or not carrying the *FecX<sup>R</sup>* allele (R+; n = 8, ++; n = 8) at the time of LOPU in nonstimulated ewes (a; sessions 1+2), or at the beginning of the FSH treatment in LOPUs using FSH (b; sessions 3+4).
- 649 *Figure 5.* Receiver-operating characteristic (ROC) curves for predicting high ( $\geq$ 18 650 follicles) and low (<18 follicles) responding R+ and ++ ewes at LOPU. The arrows show 651 the cut-off points for both genotypes that maximize the Youden index and their corresponding 652 AMH values. A test without capacity of discrimination (random test) is represented 653 (diagonal).
- *Figure 6.* Relationships between the plasma AMH concentrations before puberty and during adulthood. Plasma AMH at 3 (a), 4.5 (b), and 6 (c) months in relationship to the plasma AMH concentration at 19 months (open squares, dotted line) and the total number of follicles  $\geq$  3 mm to be punctured after FSH treatment at 19 months (closed squares, solid line).