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“Low-cost” initial burst of root development in whole *Fagus crenata* seedlings: The key to survival?

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## 25 **Abstract**

26 Terrestrial plants are rooted in one place, and therefore their metabolism must be flexible to  
27 adapt to continuously changing environments. This flexibility is probably influenced by the  
28 divergent metabolic traits of plant organs. However, direct measurements on organ-specific  
29 metabolic rates are particularly scarce and little is known about their roles in determining  
30 whole-individual metabolism. To reveal this on seedlings of *Fagus crenata*, which is one of the  
31 most widespread dominant genus in temperate deciduous broad leaf forests in the circum-polar  
32 Northern Hemisphere, we measured respiration, fresh mass and surface area for total leaves, stems  
33 and roots of 55 individuals in two years from germination and analyzed their relationships with  
34 individual metabolism. Proportion of roots to whole plant in mass increased from approximately  
35 17% to 74%, and that in surface area increased from about 11% to 82% in the two years.  
36 Nonetheless, the increment of the proportion of root respiration to whole-plant respiration was from  
37 9.2% to only 40%, revealing that the increment in mass and surface area of roots was much larger  
38 than the increment in energetic cost. As a result, only the roots showed a substantial decline in both  
39 respiration/surface area and respiration/mass among the three organs; roots had about 90% decline in  
40 their respiration/surface area, and 84% decline in their respiration/mass, while those in leaves and  
41 stems were relatively constant. The low-cost and rapid root development is specific to the two years  
42 after germination and would be effective for avoiding water and nutrient deficit, and possibly helps  
43 seedling survival. This drastic shift in structure and function with efficient energy use in  
44 developmental change from seeds to seedlings may underpin the establishment of *F. crenata* forests.  
45 We discuss significance of lowering energetic cost for various individual organisms to effectively  
46 acquire resources from a wide perspective of view.

47

## 48 **Introduction**

49 Individual metabolism is a fundamental process that transforms energy and materials to

50 support various biological processes as a base for adaptation to changing environments [1,2].  
51 Therefore, the metabolic rate has profound physiological, ecological and evolutionary implications  
52 [3,4], which would be a key to understand and predict the effects of climate change on organisms  
53 and ecosystems [1,2].

54 In general, the metabolic rate (i.e. respiration rate,  $R$ ) of individual organisms scales with body  
55 size ( $X$ ), and is usually described as the simple power function of body mass:

$$56 \quad R = aX^b \#(1)$$

57 where  $a$  is a normalization constant, and  $b$  is the scaling exponent (slope on the log-log coordinates)  
58 [5–7]. The equation (1) represents the emergent outcomes of the metabolism of individuals under  
59 various constraints [2,8,9]. Therefore, to obtain a mechanistic insight into the regulation of scaling of  
60 metabolic rate, we need empirical evidence of whole-organism measurements. However, little is  
61 known about the relationships between metabolic rate and body size with the reliable data from small  
62 to giant individuals [10]. This is because most of the studies on metabolic scaling have been based on  
63 indirect evidence and aimed to construct theoretical models to explain the exponent  $b$ , which has  
64 widely been assumed to be 3/4 as suggested by the WBE model [5–9]. The size scaling of individual  
65 organisms results from the sum of differentiated organs with distinctive functions and structure, each  
66 one showing contrasting responses under changing environments [11–13]. Therefore, evaluating  
67 metabolic rate of each organ is crucial to understand the scaling of metabolism associating with body  
68 size, namely mass or surface area.

69 Terrestrial plants are supposed to adapt to various environments by adjusting the biomass  
70 partitioning among organs, as typically shown in the root/shoot ratio [11–17]. To date, the optimal  
71 partitioning theory has mainly evaluated allocation between shoot and roots in mass. It suggests that  
72 plants should allocate more biomass to the shoot when limiting resource is carbon and to the roots  
73 when limiting resource is water or nutrient [11,17]. However, in spite of the significant implication  
74 of metabolic rate, few studies have compared metabolic rate of shoot (leaves + stems) and roots at

75 the whole-plant level [18]. The comparison of respiration rate between shoot and roots, with  
76 measurement of organ-specific respiration at the individual level, would provide a new insight into  
77 the energy partitioning and would progress our understanding about whole-plant adaptation for  
78 resource acquisition.

79 The purpose of this study is to understand the processes of establishment of individual  
80 seedlings of *Fagus crenata* under varying environments on the basis of the partitioning theory  
81 [11,17], considering the allocation of individual mass, surface area, and energy to the different  
82 organs. *Fagus* is one of the most widespread dominant genus in temperate deciduous broad leaf  
83 forests in the circum-polar Northern Hemisphere [19–21]. Under low light conditions, *Fagus*  
84 seedlings are characterized by high mortality in current year of germination, which is called as  
85 bottleneck phase [22–26]. We hypothesize that the effective adaptation of seedlings for survival  
86 beyond the bottleneck phase is largely dependent on the partitioning of energy within each  
87 individual. To test this assumption, we need size-scaling of respiration that cover seedlings in  
88 current-year of germination and 1-year old.

89 Here, we show the respiration rates of total leaves, stems, and roots of various sized seedlings  
90 and size-scaling of organ-specific respiration to discuss the shift of the partitioning of energy within  
91 individuals during the two years after germination. To date, little is known about the whole-plant  
92 physiology of *Fagus* seedlings in the bottleneck phase. Our empirical study on the partitioning of  
93 energy would clarify how seedlings survive over the bottleneck phase, which would greatly affect  
94 the population dynamics of forest in the circum-polar Northern Hemisphere under changing  
95 environment [14,26,27]. Finally, we discuss efficient energy use in divergent individual organisms to  
96 effectively acquire resources.

97

## 98 **Materials and methods**

### 99 **Ethics statement**

100 Our study included fieldwork activities for collecting *F. crenata* seeds and seedlings, and were  
101 conducted in Japanese National Forest. The field work was permitted by the Shonai District Forest  
102 Office and did not involve any endangered or protected species.

103

### 104 **Seed collection and plant materials**

105 The measurements were performed on current-year ( $n = 46$ ) and 1-year-old ( $n = 9$ ) seedlings  
106 of *F. crenata*, raised from seeds in pots outside the Yamagata University Tsuruoka Campus  
107 ( $38^{\circ}73'N$ ,  $139^{\circ}82'E$ ). The seeds were collected from a mature forest of *F. crenata* in Tsuruoka  
108 ( $38^{\circ}30'N$ ,  $139^{\circ}57'E$ ), Yamagata prefecture in 2015 and 2016 to prepare 1-year-old and current-year  
109 seedlings, respectively.

110 The pots were filled with commercially available Kanuma pumice mixed with leaf mold, and  
111 kept in a place with sufficient natural light and well-watered. We conducted every measurement at  
112 the whole-plant level, using total leaves (including cotyledon), stems, and roots. The whole-plant  
113 fresh mass ranged between  $41.2 \times 10^{-5}$  and  $23.5 \times 10^{-3}$  (kg) from the smallest current-year seedling to  
114 the largest 1-year-old individual, as compiled in Table 1.

115

116 **Table 1. Compilation of the minimum and maximum values of fresh mass, surface area, and**  
117 **respiration of whole plant, roots, leaves, and stems at the individual level among all seedlings**  
118 **( $n = 55$ ).**

	Fresh mass ( $\times 10^{-5}$ kg)			Surface area ( $\times 10^{-4}$ m <sup>2</sup> )			Respiration rate ( $\times 10^{-4}$ $\mu$ mol sec <sup>-1</sup> )		
	min.	max.	max./min.	min.	max.	max./min.	min.	max.	max./min.
Whole plant	41.2	2350	57.0	23.6	1210	51.3	8.70	131	15.1
Roots	7.04	1730	246	2.54	998	393	0.800	52.6	65.8
Leaves	19.3	172	8.91	19.2	185	9.64	4.60	53.3	11.6
Stems	8.52	480	56.3	1.43	31.8	22.2	1.10	42.3	38.5

119 Every measurement is including both current-year and 1-year-old seedlings.

120

## 121 **Measurement of respiration rates and surface area**

122 We separated the seedlings into leaves, stems, and roots, and enclosed them separately in  
123 custom-made chambers (80 or 160 cm<sup>3</sup>), promoting air circulation within the chamber using a DC  
124 fan. We confirmed that the separation did not have an effect on the measured values of whole-plant  
125 respiration, as reported by Mori et al. [10]. Increment rates of CO<sub>2</sub> concentrations within the closed  
126 air-circulation system were measured every 5 seconds using an infrared CO<sub>2</sub> analyzer (GMP343,  
127 Vaisala, Helsinki, Finland), and normalized to 20°C assuming a standard Q<sub>10</sub> = 2. During the  
128 measurements, we kept the plant materials wrapped in wet paper to prevent transpiration, and the  
129 measurements were taken within 20 minutes of the excavation for each seedling.

130 Leaf surface area was measured with an area meter (LI-3100C, LICOR, Lincoln, NE, USA),  
131 and stem surface area was determined as sum of the surface area of stem sections, following a  
132 cylindrical approximation from their diameter and length. Roots were scanned at 800 dpi resolution  
133 with a flatbed scanner (Epson Perfection V800, Seiko Epson, Japan), followed by the measurements  
134 of root surface area with image analytical software (WinRhizo, Regent Instruments, Quebec,  
135 Canada).

136

## 137 **Data analysis**

138 We fitted the respiration–fresh mass and respiration–area scaling relationships using a  
139 simple-power function on log-log coordinates, based on reduced major axis regression (RMA) [28]  
140 of the log transformed version of equation (1), using all the measurement data of the 55 seedlings  
141 from current-year to 1-year-old. We also analyzed the size-scaling values for surface area in relation  
142 to fresh mass (based on RMA) for organs, and their respiration per unit mass and surface area in  
143 relation to whole-plant mass (based on ordinary least squares regression, OLS) on the log-log  
144 coordinates. In the analysis for the size-scaling of respiration per unit mass and surface area, OLS  
145 analysis performed adequately rather than RMA. All of the data used for the regression analysis  
146 were compiled in S1 File.

147

## 148 **Results**

### 149 **Whole-plant respiration**

150 Whole-plant respiration reflects individual adaptation as an integrated use of energy  
151 partitioned to leaves, stems, and roots. To consider the total energy use of individuals, we showed  
152 relationships of whole-plant respiration ( $R$ ;  $\mu\text{mol s}^{-1}$ ) to fresh mass ( $M$ ; kg) and surface area ( $S$ ;  $\text{m}^2$ )  
153 of the seedlings from current-year to 1-year old on log-log coordinates. We fitted them with a simple  
154 power function (1) (Fig. 1, Table 2). Astonishingly, there was no significant difference between the  
155 exponents for the scaling of  $R$  to  $M$  ( $b = 0.647$ , 95% CI of  $b$ : 0.584 to 0.702,  $r^2 = 0.898$ ; Fig. 1a) and  
156 that of  $R$  to  $S$  ( $b = 0.685$ , 95% CI of  $b$ : 0.625 to 0.738,  $r^2 = 0.892$ ; Fig. 1b). The  $b = 0.647$  for  $R$  to  $M$   
157 was closer to  $2/3 \approx 0.667$ , being significantly different from the  $b = 3/4 = 0.75$  that was predicted by  
158 the WBE model.

159

160 **Fig. 1 Relationship between whole-plant respiration and (a) whole-plant fresh mass and (b)**  
161 **whole-plant surface area.** Each point is an individual seedling of current-year (filled,  $n = 46$ ) and

162 1-year-old (open, n = 9). An exponent  $b$  (with 95% confidence interval) is the RMA slope fit to all  
 163 points in each relationship.

164

165 **Table 2. Scaling of respiration rate ( $\mu\text{mol sec}^{-1}$ ) of whole plant, roots, leaves, and stems with**  
 166 **their fresh mass (kg) and surface area ( $\text{m}^2$ ) fitted by equation (1).**

Independent variable		Exponent ( $b$ )	95% CI of $b$	Normalization constant ( $a$ )	95% CI of $a$	$r^2$
Whole plant	Mass	0.647	0.584, 0.702	0.185	0.122, 0.258	0.898
	Surface area	0.685	0.625, 0.738	0.0637	0.0487, 0.0807	0.892
Roots	Mass	0.712	0.641, 0.774	0.158	0.0913, 0.247	0.917
	Surface area	0.631	0.588, 0.675	0.0288	0.0228, 0.0359	0.944
Leaves	Mass	1.09	0.977, 1.20	6.37	2.69, 13.9	0.792
	Surface area	1.12	0.921, 1.27	0.598	0.203, 1.27	0.739
Stems	Mass	0.811	0.756, 0.875	0.292	0.187, 0.490	0.883
	Surface area	0.972	0.896, 1.06	0.791	0.464, 1.54	0.879

167 In all regression, number of observation = 55, using RMA on log-log coordinates (for all cases,  $P <$   
 168 0.001).

169

## 170 Respiration of organs

171 To see how organ-specific respiration contribute to the size-scaling of  $R$  shown in Fig. 1, we  
 172 analyzed the size-scaling values for area in relation to mass (Fig. 2), and evaluated the relationships  
 173 between respiration of roots, leaves, and stems ( $R_R, R_L, R_S$ ;  $\mu\text{mol s}^{-1}$ ) and their fresh mass ( $M_R, M_L,$



174  $M_S$ ; kg) and surface area ( $S_R$ ,  $S_L$ ,  $S_S$ ; m<sup>2</sup>) separately, at the whole-organ level (Fig. 3, Table 2).

175

176 **Fig. 2 Relationships between surface area and fresh mass in plant organs at the whole-organ**

177 **level.** Each point is total leaves (diamonds,  $n = 55$ ), stems (triangles,  $n = 55$ ), and roots (circles and

178 squares,  $n = 97$ ) of current-year (filled) and 1-year-old seedlings (open). Roots depicted by squares

179 ( $n = 42$ ) were obtained from current-year seedlings ( $n = 16$ ) and 1-year-old seedlings ( $n = 26$ ) that

180 were not used for respiration measurement. An exponent  $b$  (with 95% confidence interval) is the

181 RMA slope of equation (1) fit to all points in each organ-specific relationship on log-log coordinates.

182

183 **Fig. 3 Relationships between respiration and (a) fresh mass and (b) surface area in plant**

184 **organs.** Each point is total leaves (diamonds), stems (triangles), and roots (circles) of the individual

185 seedling in Fig. 1 of current-year (filled,  $n = 46$ ) and 1-year-old (open,  $n = 9$ ). An exponent  $b$  (with

186 95% confidence interval) is the RMA slope fit of equation (1) to all points ( $n = 55$ ) in each

187 relationship.

188

189 The roots had a 246-fold range in mass ( $M_R$ ) and 393-fold range in surface area ( $S_R$ ), revealing

190 that  $S_R$ - $M_R$  relationship showed a significantly positive allometry, as shown in Fig. 2. On the other

191 hand, root respiration ( $R_R$ ) varied within only 65.8-fold range, providing significantly low  $b$  values

192 for the size-scaling of  $R_R$  to  $M_R$  ( $b = 0.712$ , 95% CI of  $b$ : 0.641 to 0.774,  $r^2 = 0.917$ ; Fig. 3a) and  $R_R$

193 to  $S_R$  ( $b = 0.631$ , 95% CI of  $b$ : 0.588 to 0.675,  $r^2 = 0.944$ ; Fig. 3b). Although the difference of  $b$

194 values was not significant, the exponent  $b$  of  $R_R$  to  $S_R$  was relatively lower than that of  $R_R$  to  $M_R$ ,

195 indicating that the increase in  $S_R$  was more efficient than that in  $M_R$ . This seems to represent an

196 energetically efficient growth to effectively enhance water acquisition by increasing absorptive

197 surface area with minimum carbon cost.

198 The leaves showed an 8.91-fold range of mass ( $M_L$ ) and 9.64-fold range of surface area ( $S_L$ ),

199 providing nearly isometric scaling of  $S_L$ – $M_L$  relationship in Fig. 2. Further, the 11.6-fold range of  
200 leaf of respiration ( $R_L$ ) was close to that of  $M_L$  and  $S_L$ . Consequently, we found that leaves had  
201 isometric scaling for both relationships of  $R_L$  to  $M_L$  ( $b = 1.09$ , 95% CI of  $b$ : 0.977 to 1.20,  $r^2 = 0.792$ ;  
202 Fig. 3a) and  $R_L$  to  $S_L$  ( $b = 1.12$ , 95% CI of  $b$ : 0.921 to 1.27,  $r^2 = 0.739$ ; Fig. 3b).

203 The stems had a 56.3-fold variation in mass ( $M_S$ ) and 22.2-fold range of surface area ( $S_S$ ),  
204 revealing a negative allometric scaling of the  $S_S$ – $M_S$  relationship in Fig. 2. Respiration ( $R_S$ ) showed a  
205 38.5-fold range, which was smaller than the range of  $M_S$ , but larger than that of  $S_S$ . Consequently, the  
206 scaling of  $R_S$  to  $M_S$  was negatively allometric ( $b = 0.811$ , 95% CI of  $b$ : 0.756 to 0.875,  $r^2 = 0.883$ ;  
207 Fig. 3a), whereas the scaling of  $R_S$  to  $S_S$  was nearly isometric ( $b = 0.972$ , 95% CI of  $b$ : 0.896 to 1.06,  
208  $r^2 = 0.879$ ; Fig. 3b).

209

## 210 **Respiration per unit mass and surface area of organs**

211 We evaluated the respiration rate (energetic cost) per unit mass and surface area of organs, as  
212 related to total individual mass ( $M$ ) on the log-log coordinates, fitting the relationships with a simple  
213 power function (1) (Fig. 4 and Table 3). For the roots, both  $R_R/M_R$  ( $b = -0.456$ , 95% CI of  $b$ :  $-0.541$   
214 to  $-0.381$ ,  $r^2 = 0.751$ ; Fig. 4a) and  $R_R/S_R$  ( $b = -0.575$ , 95% CI of  $b$ :  $-0.642$  to  $-0.497$ ,  $r^2 = 0.781$ ; Fig.  
215 4b) decreased with increasing  $M$ , resulting in the steepest change among the three organs.  
216 Conversely, for the leaves both  $R_L/M_L$  ( $b = 0.00415$ , 95% CI of  $b$ :  $-0.0470$  to  $0.0516$ ,  $r^2 = 0.000379$ ;  
217 Fig. 4a) and  $R_L/S_L$  ( $b = -0.00695$ , 95% CI of  $b$ :  $-0.0720$  to  $0.0511$ ,  $r^2 = 0.000846$ ; Fig. 4b) were  
218 almost constant, regardless of  $M$ . Finally, for the stems  $R_S/M_S$  declined with increasing  $M$  ( $b =$   
219  $-0.242$ , 95% CI of  $b$ :  $-0.309$  to  $-0.167$ ,  $r^2 = 0.460$ ; Fig. 4a), but  $R_S/S_S$  was independent of  $M$  ( $b =$   
220  $-0.0644$ , 95% CI of  $b$ :  $-0.135$  to  $0.0216$ ,  $r^2 = 0.0511$ ; Fig. 4b).

221

222 **Fig. 4 (a) Respiration/fresh mass and (b) respiration/surface area of plant organs in relation to**  
223 **whole-plant fresh mass.** Each point is total leaves (diamonds), stems (triangles), and roots (circles)

224 of the individual seedling in Fig. 1 of current-year (filled,  $n = 46$ ) and 1-year-old (open,  $n = 9$ ). Lines  
 225 are OLS regression line of equation (1) fit to all points in each relationship, and details of the  
 226 regression analysis are compiled in Table 3.

227

228 **Table 3. Scaling of respiration per unit mass ( $\mu\text{mol sec}^{-1} \text{kg}^{-1}$ ) and per unit surface area ( $\mu\text{mol}$   
 229  $\text{sec}^{-1} \text{m}^{-2}$ ) of roots, leaves, and stems ( $n = 55$ ) with whole-plant mass fitted by equation (1).**

Dependent variable	Exponent ( $b$ )	95% CI of $b$	Normalization constant ( $a$ )	95% CI of $a$	$r^2$
$R_R/M_R$	-0.456	-0.541, -0.381	0.0708	0.0389, 0.109	0.751
$R_R/S_R$	-0.575	-0.642, -0.497	0.00565	0.00380, 0.00930	0.781
$R_L/M_L$	0.00415	-0.0470, 0.0516	3.25	2.35, 4.24	0.000379
$R_L/S_L$	-0.00695	-0.0720, 0.0511	0.300	0.200, 0.425	0.000846
$R_S/M_S$	-0.242	-0.309, -0.167	0.285	0.189, 0.458	0.460
$R_S/S_S$	-0.0644	-0.135, 0.0216	0.652	0.405, 1.12	0.0511

230 In all regression, number of observation = 55, using OLS on log-log coordinates.

231

232 These results indicate that only roots show a significant decline in the energetic cost per unit  
 233 surface area as well as per unit mass with increasing whole-plant mass. On the regression line, the  
 234  $R_R/S_R$  declined about 90% and the  $R_R/M_R$  declined about 84%, indicating that energetic cost per unit  
 235 surface area declined more rapidly than that per unit mass.

236

### 237 **Partitioning of individual mass, surface area, and respiration to organs**

238 The scaling of whole-plant respiration is determined by 1) the relative contribution of each  
 239 organ to total mass and surface area, and 2) the organ-specific respiration per unit mass and surface  
 240 area. Table 1 shows the maximum and minimum values of respiration, mass, and surface area of

241 organs in the seedlings from current-year to 1-year old. It indicates that the proportion of roots to  
242 whole plant increased greatly both in mass and surface area with increasing  $M$ ; the proportion of  
243 roots to whole plant in mass increased from approximately 17% (7.04/41.2) to 74% (1730/2350) and  
244 that in surface area increased from about 11% (2.54/23.6) to 82% (998/1210). Nonetheless, the  
245 increment of the proportion of root respiration was from 9.2% (0.800/8.70) to only 40% (52.6/131),  
246 revealing that the increment in the proportion of roots to whole plant is much more larger in mass  
247 and surface area than in energetic cost.

248 These results revealed that the similarity between the  $R$ - $M$  (Fig. 1a) and  $R$ - $S$  (Fig. 1b)  
249 relationships in their scaling exponents (Table 2) was largely due to the equally significant increase  
250 in the proportion of root mass and area. Hence, the combined effect of increasing root proportion and  
251 the decreasing mass- and area-specific respiration in the roots induced the negative allometry in the  
252 scaling of whole-plant respiration.

253

## 254 **Discussion**

### 255 **Role of low-cost initial burst of root development**

256 The significantly negative allometry of  $R_R$  to  $S_R$  (Fig. 3b) that provided the drastic decrease in  
257  $R_R/S_R$  (Fig. 4b) indicate that the root development in two years after germination is energetically  
258 efficient and effective for enhancing water and nutrient acquisition with minimum energy cost. The  
259 decrease in the energetic cost at root surface area ( $R_R/S_R$ ) is probably mainly due to consumption of  
260 energy reserves in seeds. During the initial growth stage after the exhaustion of energy reserves, the  
261 photosynthetic performance remains lowest among whole life stages [29–31], and gradually  
262 increases accompanied by accumulation of nutrient with leaves thickening [29]. Therefore, the  
263 low-cost burst in root development seems to be reasonable and indispensable process for seedlings to  
264 induce the increase in photosynthesis. At the same time, this process would help to avoid water and  
265 nutrient deficit of tiny seedlings.

266

## 267 **Ontogenetic shift in root/shoot ratio from seedlings to mature trees**

268 Our study suggests the need for further work at the whole-plant level up to mature trees, to  
269 clarify the role of low-cost rapid root development, beyond the initial seedling stage. Figure 5 depicts  
270 the relationship between root/shoot ratio in mass ( $M_R/M_{\text{Shoot}} = M_R/(M_L + M_S)$ ) and whole-plant mass  
271 ( $M$ ) of *F. crenata* from seedlings to mature trees (n = 346, compiled in S1 File), including the  
272 materials in this study (n = 55) and pot- (n = 178) and field-grown (n = 113) individuals from our  
273 prior work [10,32]. This figure also shows root/shoot ratio in respiration ( $R_R/R_{\text{Shoot}} = R_R/(R_L + R_S)$ )  
274 for the 55 current-year and 1-year-old seedlings, and indicates that their  $M_R/M_{\text{Shoot}}$  increases much  
275 greater than  $R_R/R_{\text{Shoot}}$  with increasing  $M$ .

276

277 **Fig. 5 Plot of root/shoot ratios against whole-plant mass of *Fagus crenata* from germination to**  
278 **mature trees.** The total plot number of the root/shoot ratio in mass is 346 (compiled in S1 File). Red  
279 and blue symbols represent the root/shoot ratio of the 55 seedlings in mass and respiration,  
280 respectively (circles; current-year seedlings; n = 46, triangles; 1-year-old seedlings; n = 9). Filled and  
281 open diamonds represent root/shoot ratio in mass of pot-grown (n = 178) and field-grown (n = 113)  
282 individuals, respectively that were obtained from our prior work.

283

284 As to  $M_R/M_{\text{Shoot}}$ , the rapid increment is specific of the seedling stage, but after that, it gradually  
285 declines with size (and presumably age) in both pot- and field-grown individuals. The decrease in  
286  $M_R/M_{\text{Shoot}}$  after the seedling stage should coincide with the gradual increase in photosynthetic  
287 performance during ontogenetic transition [29–31], entailing a decrease in  $R_R/R_{\text{Shoot}}$ . Since  
288 measurements were performed in healthy individuals, it is probable that the individuals that did not  
289 reach high  $M_R/M_{\text{Shoot}}$  during the first year after germination had already died. Therefore, keeping low  
290  $M_R/M_{\text{Shoot}}$  during the initial growth stage may be one of the physiological reasons for death of

291 seedlings in the bottleneck phase [22–25], and seedling survival under natural conditions is likely to  
292 depend on the rapid and low-cost development of roots at the individual level.

293 During the development from seeds to seedlings, the source that activates individual  
294 metabolism shift from chemical energy in seeds to current assimilation after initiation of  
295 photosynthesis [1,2,33]. This shift in the energy source may successively generate the low-cost burst  
296 in root development with shifting individual structure and function that would help to avoid water  
297 and nutrient deficit [11,17], and reduce mortality of seedlings.

298

## 299 **Importance of lowering energetic cost for various individual** 300 **organisms**

301 Banavar et al. [34] suggested that plants and animals have reached equivalent energetic  
302 efficiencies through their independent evolution, using our prior data on whole-plant respiration from  
303 seedlings to giant trees [10]. Fundamentally, the studies on improvement of energetic efficiency have  
304 focused on animal locomotion and often suggested energy-saving mechanism as a strategy for  
305 effective resource acquisition [35–38]. On the other hand, although the resource acquisition is  
306 essential for all individual organisms including both plants and animals, very few studies have  
307 focused on energetic efficiency of terrestrial plants. Hence, whole-plant level empirical data on  
308 energetic cost in shoot and root would be important for us to obtain the understanding of physical  
309 and physiological constraints on metabolic scaling of terrestrial plants [10,39].

310 Plants are rooted in one place and they must acquire resources under continuously changing  
311 environment. Therefore, it is expected that plant metabolism must be flexible, relying on rapid  
312 adjustments in energetic efficiency. In this respect, the negative allometry of whole-plant respiration  
313 shown in Fig. 1 seems to indicate an improvement in flexibility for resource acquisition with body  
314 size, involving changes in the energy partitioning among organs. Therefore, the initial spurt and  
315 reduction in energetic cost in root development (shown in Figs. 2–4) could be considered as one of

316 the underlying processes to effectively improve whole-plant energetic efficiency. In that case, it may  
317 be an energy-saving process of seedlings that is comparable to that in animal locomotion for resource  
318 acquisition [35–38]. In the present study, the measurement at the whole-plant level revealed the  
319 drastic reduction in energetic cost for rapid root development that would underpin the population  
320 dynamics and sustainability of the Northern Hemisphere forests that are dominated by *Fagus* trees  
321 [19–21]. The understanding of metabolic scaling of individual organisms would help to scale up the  
322 structure and function from organ level to ecosystem level [40–42].

323

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328

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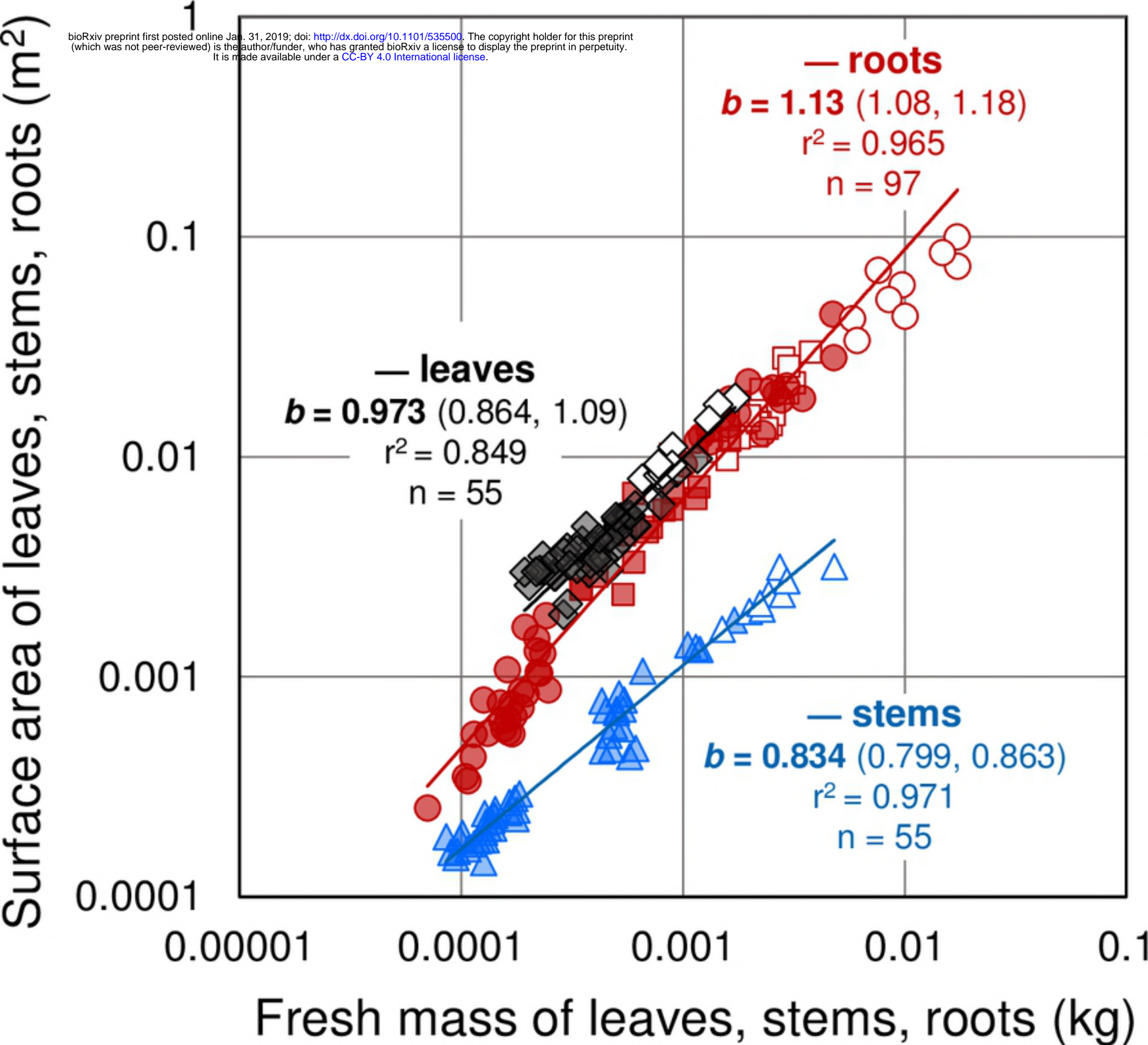
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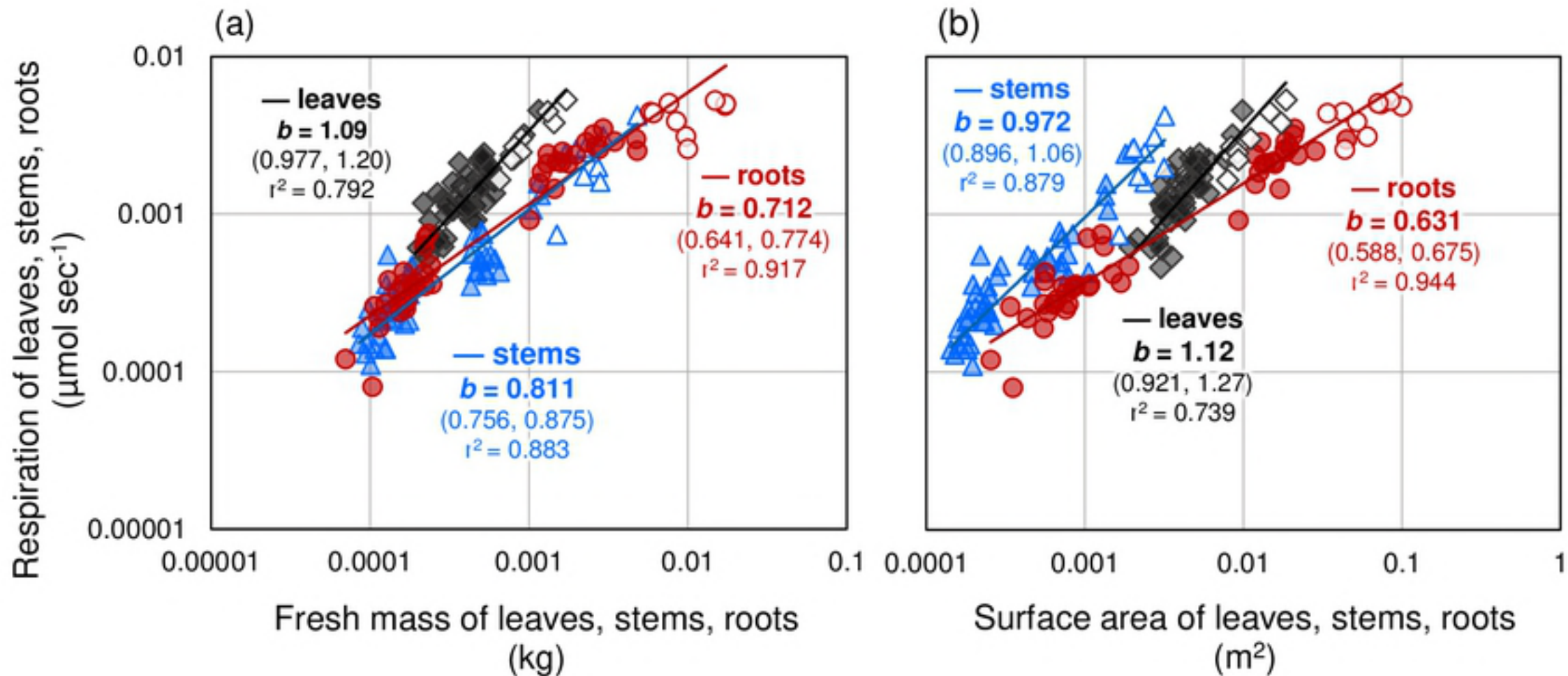
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## 441 **Supporting information**

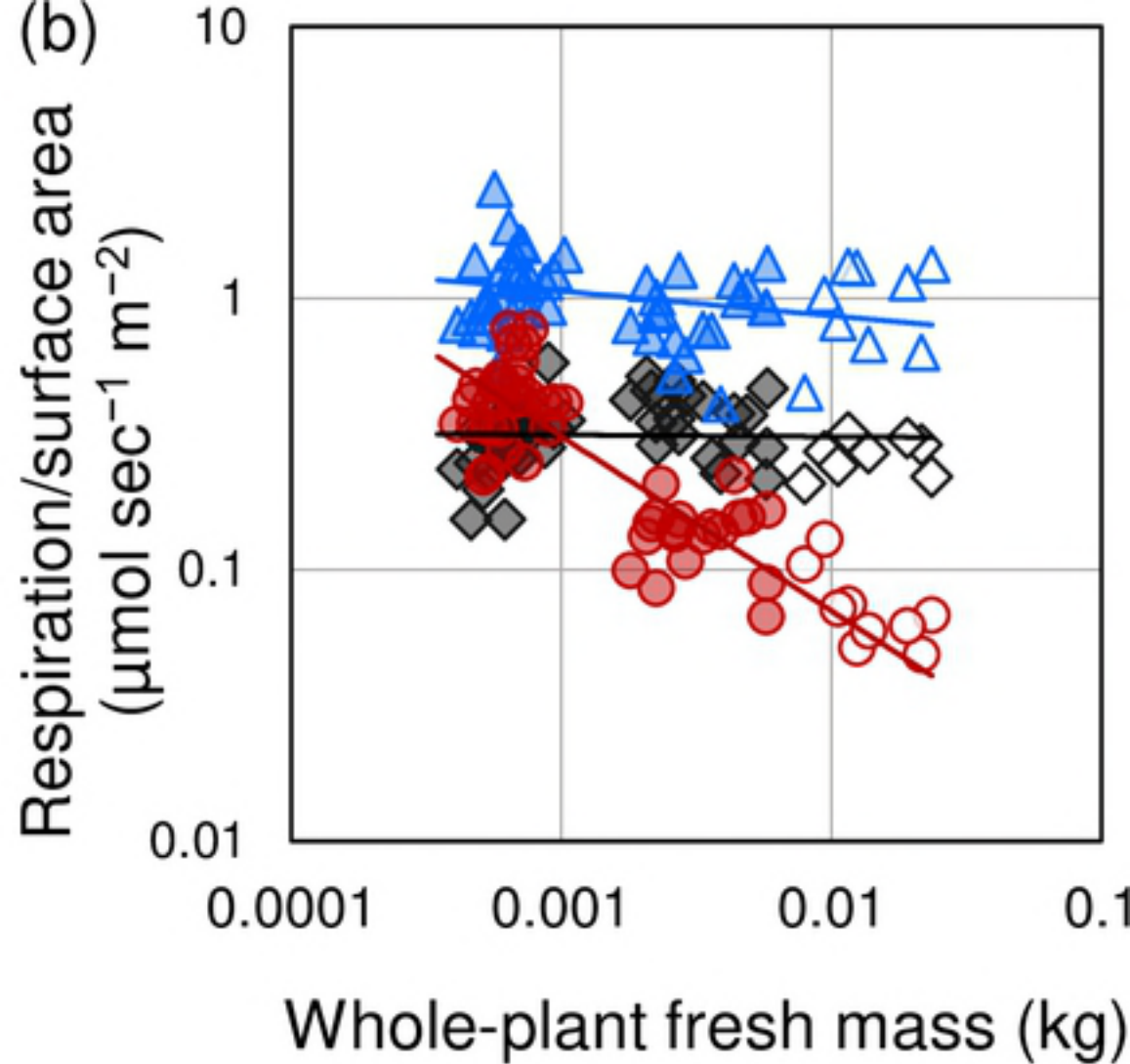
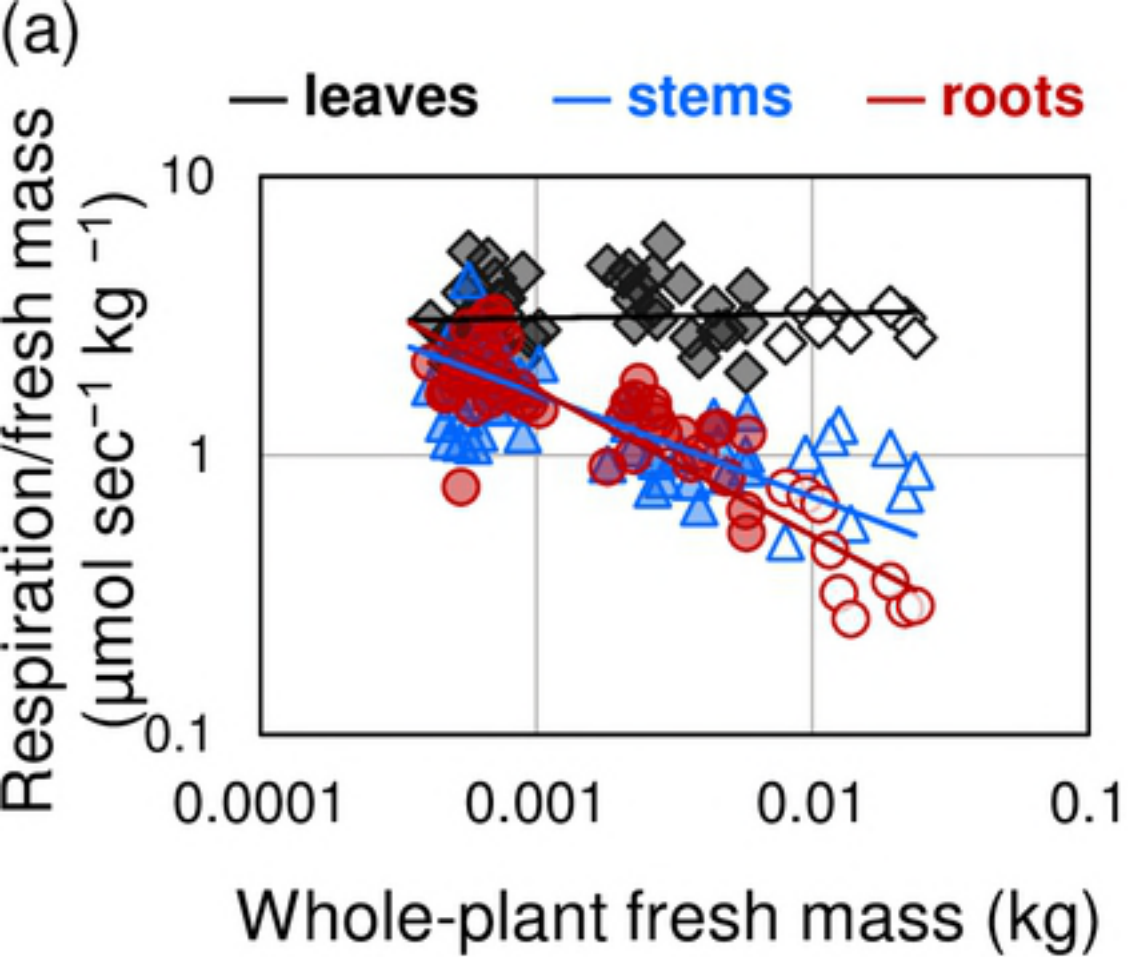
442 **S1 File. Primary data.** Fresh mass, surface area, and respiration rate of total leaves, stems, and roots  
443 at the individual level.



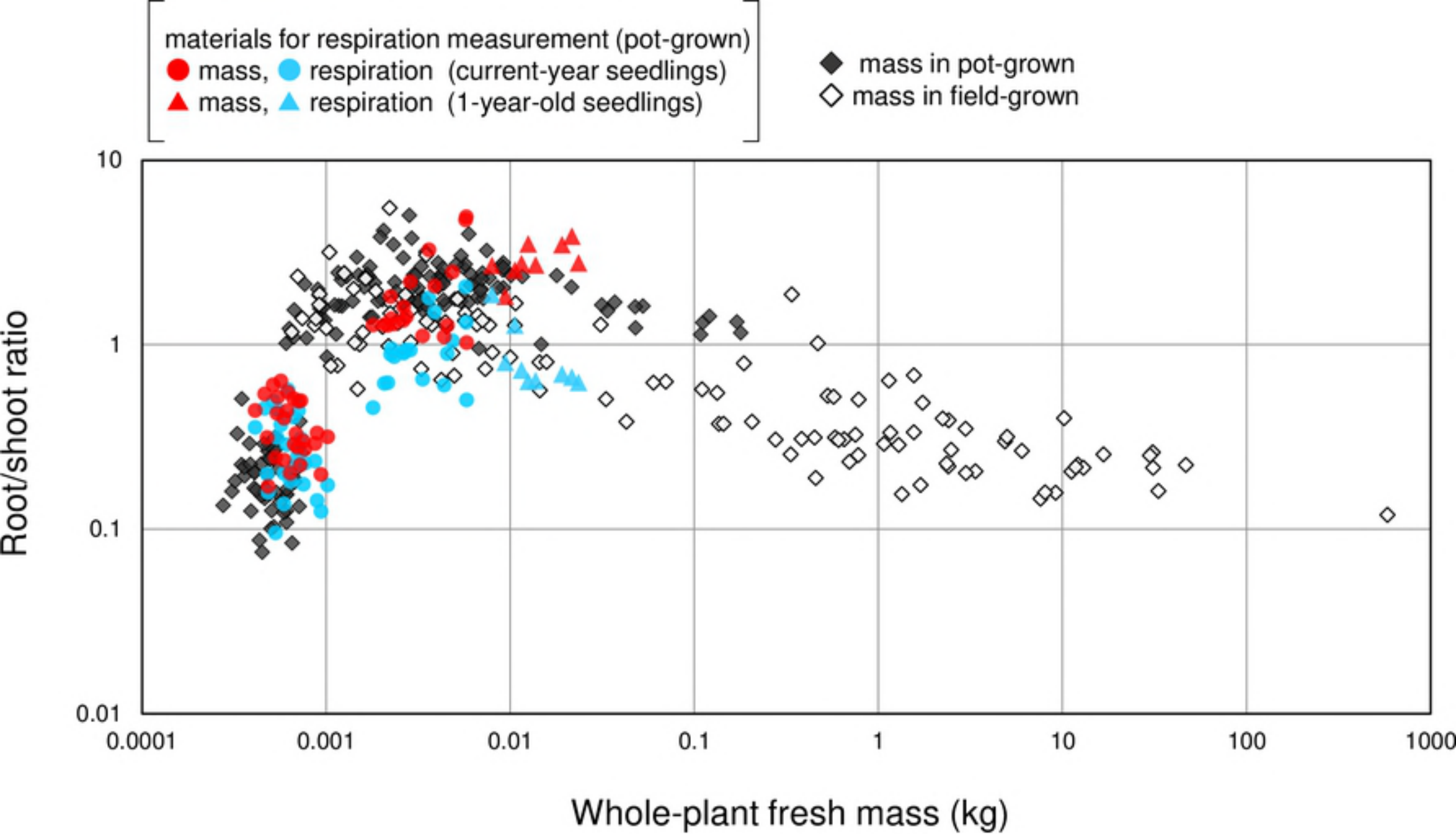
Figure



Figure

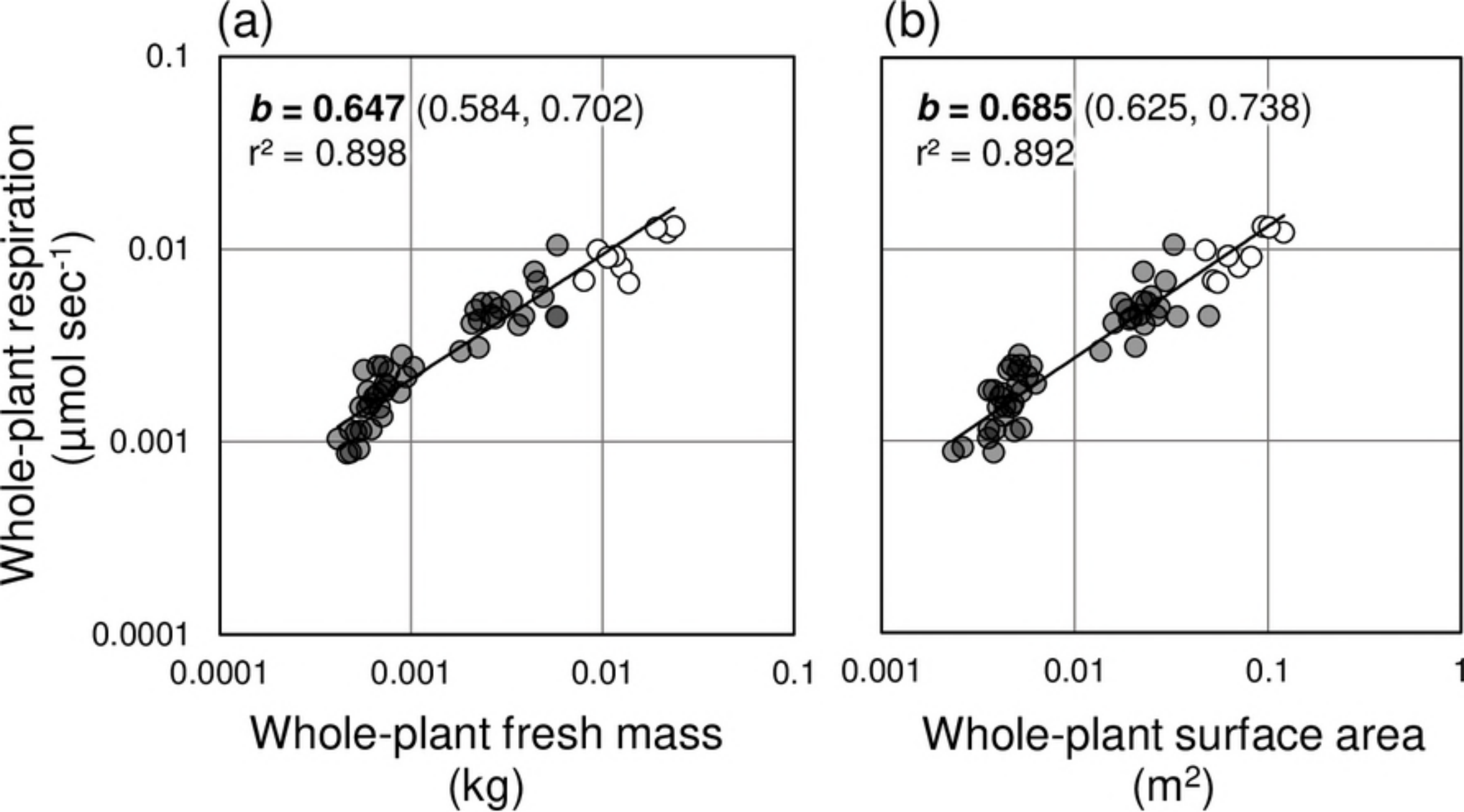


Figure



Figure





Figure